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# Kinsale & District

Est December 1976  
by Frank Hurley

# NEWSLETTER

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## THE ASTRID AT DAWN

Picture: Michael Prior



Fireworks mark the end of the annual night time Kinsale St. Patricks Day Maritime Parade. *Picture. John Allen*



Covestone Asset Management Sovereigns Cup 2013  
*David Branigan, Marine Photographer*



The tall ship Astrid on the rocks near Kinsale after running aground on the Sovereign Islands off Kinsale. All 30 crew members were rescued safely. *Picture. John Allen*



Kayakers enjoying the heatwave off the Old Head  
*Facebook/JenConroyPhotography*

# FOOT LOOSE

## KINSALE

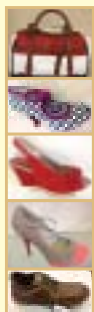
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## New SuperValu and Primary Care Centre for Kinsale town

The announcement that Smith's SuperValu is to open its new store at the Glen, New Road, Kinsale, in 2014 which will include a Primary Health Care Centre has been warmly welcomed by Mayor Tony Cierans.

SuperValu is due to open the long awaited new 20,000 square feet store for Kinsale next spring. The 17,000 sq ft Primary Care Centre, will be run by independent and HSE healthcare professionals who will operate as a team to deliver integrated primary healthcare to the area.

Work on the site, which has already commenced, is being carried out by KPH and will sustain 100 construction and engineering jobs over the course of the project.

The new store will replace the existing SuperValu store in Long Quay and enable store owner Michael Smith to significantly expand due to market demand, whilst also enabling him to offer customers an even wider range of quality fresh food and great value. The existing SuperValu store at Long Quay will continue to trade until the new store opens and will then be redeveloped into a Centra store.

Mayor Cierans, in paying tribute to Michael Smith and staff, said it was great news for Kinsale 'I particularly welcome the fact it is a relocation by SuperValu within the town to a place where there is ample parking because at Long Quay it was difficult for many shoppers due to limited space and parking to get trolleys across what is the main road (R600) at the town's entrance'.

The new Primary Care Centre was another positive development and he looked forward to additional jobs being created in both facilities as well in construction and believed it would also boost business development in the Glen area generally.

SuperValu store owner, Michael Smith said: 'I am delighted to have the opportunity to expand and to continue to provide the Kinsale community with top class shopping facilities and a quality shopping experience with an increased range at the best possible value. This expansion demonstrates our confidence in the economy and is a real demonstration of our longstanding commitment to the local community of Kinsale.'

'The new store will result in additional employment in the area when the store opens next April and the local economy will also get a significant boost from the 100 construction workers who will be on site throughout the development. This is another sign that SuperValu invests more in the local economy than other retail brands, whether it's hiring local builders or purchasing from local suppliers.'

Supervalu, which has 197 stores nationwide, is committed to local employment and supporting local suppliers. 75% of everything on Supervalu's shelves is sourced or produced in Ireland, contributing over €1.6 billion to the Irish economy and helping to sustain almost 30,000 Irish jobs in the farm, food and retail sector. It has several major outlets in West Cork.

Martin O'Halloran of Primary Project Management is the project management partner for the Primary Care development. Services in the centre will include occupational therapy, physiotherapy, speech and language therapy, psychology, Public Health Nurses, social workers, dieticians and Home Help services. 'The aim is to provide a cutting edge facility with enhanced services which will benefit the people of Kinsale and surrounding areas,' said Martin.

Michael and Jacinta Smith, store owners of Smiths SuperValu Kinsale and Conor Foley, Retail Project Manager, Musgrave Retail Partners Ireland. Pic Daragh Mc Sweeney/Provision



On Saturday, April 20th, the Kinsale Lions Cycle Challenge started from the Rugby Club and followed the beautiful south coast route towards Clonakilty.

In recent years, the run has attracted around 250 cyclists of all ages and abilities, who have thoroughly enjoyed the experience and who have helped support the National Rehabilitation Centre and the 'Cork Hospitals' Children's Club.

Organised and marshalled by Kinsale Lions, the event has gained a reputation for efficiency, friendliness and pleasure. First proceeding towards the Old Head and then Garrettstown, the route followed the coast by Coolmain Bay and on to Timoleague. Less experienced cyclists were able to decide to venture to Clonakilty by a direct, shorter route, whilst those ready for the challenge veered towards Courtmacsherry and the Seven Heads to enter Clonakilty alongside the Bay.

Lunch was provided at Clonakilty G.A.A. before a shorter return run via Ballinspittle, finishing in Kinsale.

The longer version was just over 100km. Safety is paramount with regular marshals, Garda supervision and a medical staff available all the way for anything unforeseen.

A website is available for anyone wishing to donate or obtain sponsorship for the Sick Children of Cork City Hospitals and the National Rehabilitation Centre who cared for Kinsale Lions Past President, Séamus Keating.

*The Kinsale & District Newsletter is back!*

We're delighted to be back publishing the Kinsale & District Newsletter after an extended break! Thanks to everyone for your good wishes, cards, gifts, etc., on the birth of our little boy, William.

We hope you enjoy our first issue of 2013 and if there is anything you would like to have included in future issues please email [info@kinsalenewsletter.com](mailto:info@kinsalenewsletter.com). • Thank you!



Triona Dillon, Barrack Street, Kinsale, has recently been appointed Senior Key account manager at Venuesworld.com. Triona, who has over 10 years' corporate event management experience, has a Sociology degree from UCC and postgrad diplomas from Smurfit Business School and Fitzwilliam Institute. Her family and friends would like to congratulate her and wish her all the best in her new job.

## RNLI lifeboats launch to sinking tall ship Astrid with 30 people on board

Four RNLI lifeboats were launched on Wednesday July 24th to a sinking 42 metre Dutch training vessel Astrid, which had hit rocks inside the Sovereign Islands at Ballymacus Point near Kinsale. All 30 people onboard were brought to safety when Kinsale lifeboat transferred all the casualties from the sinking ship onto Courtmacsherry RNLI lifeboat and a local vessel, the Spirit of Oysterhaven. They were then taken to Kinsale.

Both Kinsale and Courtmacsherry RNLI lifeboats were called out at 12 noon to go to

the immediate aid of the sail training vessel that had got into difficulties on the western entrance to Kinsale Harbour. There was a two metre swell and winds were Force five to six. Ballycotton and Crosshaven RNLI were also launched. Kinsale RNLI lifeboat was first on scene.

The training vessel had lost power and was driven on to rocks by a strong southerly wind. The grounded vessel was taking on water and a crewmember from Kinsale RNLI was put onboard. Eighteen of the casualties were taken off the Astrid by Kinsale RNLI lifeboat and transferred to Courtmacsherry lifeboat, before being brought to safety.

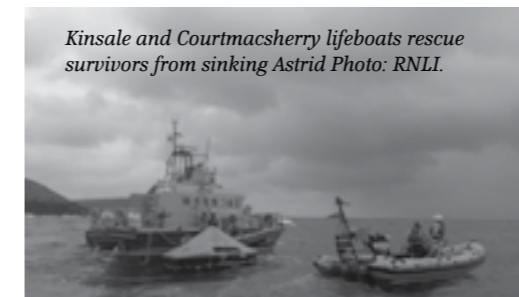
The remaining twelve were put onto a liferaft deployed by the Astrid's crew, which was towed to safety by the Kinsale lifeboat and picked up by a local vessel. The people on board the liferaft were then taken to Kinsale harbour and assessed by medical teams.

Irish Coast Guard helicopters from Waterford and Shannon

were also on scene along with ambulances and medical crews from Cork.

Speaking about the callout Courtmacsherry RNLI Coxswain Sean O'Farrell said, "Everyone was very fortunate. I want to praise the quick thinking of the skipper and the crew from the Astrid. They kept calm and did everything we asked them to do. We were able to get them to safety quickly and a major tragedy was averted. To be able to recover thirty people safely was a great day for everyone involved."

Well done to all the emergency services involved but we are particularly proud of our own Kinsale lifeboat and the RNLI volunteers who give so much of their time and energy and risk their lives in all sorts of weather to save the lives of others. **If you wish to show your appreciation for the work done by the RNLI, Kinsale Lifeboat holds its annual Open Day on Sunday August 4th at the Lifeboat station. Everyone is welcome to go along, admission is free but donations are most welcome. It is donations from the public that allow the RNLI to carry out their incredible work, saving lives at sea.**



## END OF AN ERA AS KINSALE SCHOOLS AMALGAMATE

The end of the 2012/2013 school year marked the end of an era in Kinsale with the closing of St. John's N.S. and St. Joseph's N.S and the amalgamation of the two to form a new school, Scoil Naomh Eltin.

One hundred and sixty-eight years of dedicated service to education in Kinsale by the Sisters of Mercy came to an end with Mass at St. Joseph's to mark the official closure and graduation of its 6th class. Fr. Robert Young, along with other speakers, paid tribute to past and present teachers, staffs, boards, parents association, clergy and pupils but especially the Sisters of Mercy for their hard work, dedication and commitment. Thanks and best wishes behalf of the Sisters of Mercy were expressed by Sr Mary McAuliffe who was principal when the school opened in 1978.

It was back in 1844, that a widow from Macroom, Mary Ann Burke, who joined the Mercy Order in Limerick, was persuaded by her brother and parish priest in Kinsale Fr Justin McNamara to set up a girls school in the town which had four for boys but none for females.

When the Sister opened the girls' school in the convent in 1845, they had over 700 girls but only six teachers who also had to feed them. During the Great Famine, an inspirational woman, Mother Bridgeman went to Belfast to learn to make nets and set about doing so in Kinsale so that the people could get food to survive and to help the girls become self sufficient later, she also went to Limerick to learn lace making and brought a craft to Kinsale for which the town became world famous and after that the manufacture of shirts and socks for soldiers.

Through lodging the Sisters' salaries in a bank, Sr Mary Baptist helped raise the funds to leave the three storey boarding and day school in the old convent building to the building the new St Joseph's NS in the adjoining grounds and it opened in 1978.

Susan O'Hanrahan, Principal of St. Joseph's, went on to speak about the broad range of subjects and activities, many closely linked to the community, as well as in preparation for and celebration of the sacraments. She particularly welcomed principal and deputy principal of St John's NS, Alice McCarthy and Norah Kenny; retiring principal of the community school Sean O'Broin and his successor and outgoing director of Kinsale College of Further Education Fergal McCarthy and also remembered with fondness the late Oliver Lynch.

'Now as we make a giant step forward in amalgamating to a co-educational school, I think Mother Bridgeman would have been proud. She saw education as collaborative and community based' said Susan and addressing the Sisters present added: 'We are honoured to be part of your great tradition and we will bring your ethos with us as we move forward and evolve into a bright and promising future'.

The final year pupils were: Kriska Pentek, Polly O'Brien, Aoiheann Gray, Ella Finucane, Grace Ackerlind, Shauna Linehan, Jennifer O'Connell, Jennifer O'Shea, Kellie O'Connell, Kayleigh Kelleher, Nur Adlina Mohammed Ali, Donna Thorpe, Sarah O'Donovan, Siobhan McCallum, Sonia Lech and Sophia Wiggington.

At St. John's N.S. an emotional gathering of past and present pupils, teachers, staff and members of the board of management and parents' association celebrated Mass. Events began with a most interesting slide show by local historian and former principal Dermot Ryan. Kinsale's long history and tradition of education, he said, dated back to the opening of the first national school by the Half Wall (Ramparts) for boys only in 1840. The original St John's NS was run by the Presentation Brothers, known locally as 'The Monks', from 1895 to 1970 (with infants taught in the convent) and the current school, which was officially opened in 1978, was of a modern design with a courtyard and spacious grounds.

He remarked it was a shame that the 35 years old building on spacious ground was being levelled instead of extended or that the site was used to accommodate the fast expanding community school nearby while a new purpose built co-educational school could have been located on co council land adjoining the facilities of Saile Sports and Leisure centre. At the conclusion of the slide presentation, Alice McCarthy made a presentation to Dermot.

Mass was celebrated by Fr Robert Young PP, assisted by Fr Mariusz Placek O Carm while prayers were also led by Canon David Williams.

It concluded with the oldest pupil Darragh Crowley lighting a candle and passing it on to the youngest Aaron Courtney in the presence of Alice McCarthy and the principal of St Joseph's Primary School, Susan O'Hanrahan. It symbolized a new chapter in education in Kinsale with the amalgamation taking place next September into Scoil Naomh Eltin which will be based on the convent site before moving into the new 16 classroom facility currently occupied by St John's NS.

Tributes were paid by Chairperson of the board and past pupil from the old school at St John's Hill, Tony Greenway, former principal Margaret Canty, Triona O'Neill, on behalf of the parents, and presentations were made by Deirdre McCarthy and Caroline Scannell.

The final act was for 6th class pupils to ring the school bell (originally at St John's Hill) for the last time, after which refreshments were served by the parents while the boys were treated to goodies and ice cream.

Graduation scrolls were presented to 6th class pupils Conor McCarthy, Brian O'Neill, Ernestas Gudauskis, Darragh Crowley, Keith Scannell, Jozef Macuga and Daniel O'Hanrahan

### Sean and Trish Gallagher special guests at Kinsale College Graduation evening

It's never too late to find your passion and fulfil your life through education, said entrepreneur Sean Gallagher, guest speaker with his wife Trish at Kinsale College of Further Education (CFE) Graduation Evening in Acton's Hotel recently.

Certificates were presented to over 200 students of the third level college from all over the world in art, business management, office administration, caring for the elderly, early childhood care and education, theatre performance, classical acting, hotel and catering, culinary art, TV, film and multi media production, outdoor education, permaculture and sustainable horticulture.

On behalf of Kinsale Good Food Circle, Roman Minihane presented scholarships to FETAC Level 5 hotel and catering students Graeme Moorecroft, Ballincollig, and Amber Pierce, Killaloe, Co Clare, to further their culinary studies.

'My first impression is that it must be great craic to be in this college and I really get a sense of the life and dynamism that's present in the room', said Sean who pointed out that it was 20 years since he was in Kinsale when he was working with the National Youth Council and where his wife to be Trish was doing an outdoor education course under Co Cork VEC, which now forms part of the Kinsale CFE curriculum.

The former Dragon's Den panellist, who founded Smarthomes and was a Presidential election candidate in 2011, said his philosophy of life was very much in line with that of the college. In particular, he was a great believer in education to which he returned three times, having not had a great experience initially in primary and secondary school because he had some challenges in terms of learning that prohibited in fully participating.

'After formal mainstream education however, I went to follow my passion; agriculture, farming and the land, and went from being previously at the bottom of the class to the top, because I found something that truly excited me, was interested in and had a passion for', said Sean.

There was need for each person to find his or her passion through lifelong learning and this often only occurred in later years due to the confines of formal education when a person could ask the questions 'who am I, what really matters to me and what is my purpose in life?'

Never was it so important to re-engage with education, in a time of high unemployment. In doing so, many people transformed their lives by following their heart and stressed, 'it's never too late to be who you could have been.'

Stressing the importance of giving people education right across the board, Sean said it was a pleasure for him and his wife to be among so many students who were so alive and had found their passion and teachers who provided a warm and encouraging environment and wished all graduates a life fulfilled.

Trish Gallagher from Kanturk, spoke fondly of the best two years in her life as an OEC student in which she learned sailing, abseiling, rock climbing, kayaking etc and how to teach sports under the direction of John Thuillier, Jeff Corcoran and others but also the communication, leadership and other skills she learned in Kinsale which stood to her later life as a sports instructor and other careers. She thanked the college and also wished graduates a happy and fulfilled life.

Student representative on the CFE board, Paddy Kelly thanked all the staff and spoke of the great learning experience he gained not just from courses but also from college life in his two years there.

Guests were welcomed by the director of Kinsale CFE Fergal McCarthy who congratulated all graduates and thanked tutors and staff, all of whom he mentioned, including Klaus Harvey who got a standing ovation and administrator Kathleen Maher. He also congratulated Sean and Trish on the recent birth of their son Bobby.

Having told graduates that investing and re-engaging in education in these challenging times, was a wise decision, he went on: 'Austerity as an economic model is a failure and is particularly so when it strikes at education. The effect of such measures for our college next year includes a raising of the teacher-pupil ratio meaning we get less teaching hours and a 35% cut in funding arising from cuts to VEC budgets.

'This is regressive in a time when investment in the type of work we do - providing people with the opportunity to upskill and re-train was never more important', said Fergal who urged the Government not to cut back on education.

### Cork Airport Business Park links with Shanghai Hi-Tech Park

Commenting on the event on behalf of company CEO Mr. Gui Enliang, Mr. John Coughlan of Shanghai Caohejing Hi-Tech Park said, "We are delighted to be linked to Cork Airport Business Park, one of the foremost business parks in Europe. Our agreement will enable both parties to reach new levels in the development and administration of business parks and commercialization of technological achievements. It will also enable us to improve

economic and technological co-operation between the 2 parties in a spirit of sincerity, friendliness and equality. We the two parties will promote the matching of projects and establish a practical and "win-win" platform for development between the business parks to our mutual benefit."

Mr. Conor Healy, CEO, Cork Chamber of Commerce commenting on the signing said "This is further evidence of the developing relationship between Cork and Shanghai, who are already twinned cities, and provides further opportunities for new business and employment growth in Cork. Cork Airport Business Park has already played a significant role in creating employment in the Cork region and accommodates such international businesses as Amazon, IBM, Bank of New York Mellon and Black & Decker to name but a few"

Established in 1984 Caohejing Hi-Tech Park boasts over 2,000 hi-tech enterprises and is considered one of the best development zones in China for economic output. As a State-level development zone the Park enjoys preferential policies approved by Chinese State Council. The Park comprises 60 ha and prioritises the creation of a cohesive IT industry, encompassing software development, networking technology R&D, communication technology R&D and financial services.



(left to right) Gerry Wycherley, Cork Airport Business Park, John Coughlan, Business Development Shanghai Caohejing Hi-Tech Park Development, Kevin Howey, Cork Airport Business Park Manager, Darragh Harte, Blackwater Asset Management Ltd, Tom Hassey, CEO Cork Airport Business Park and Katherine Fitzpatrick, Cork Chamber of Commerce, at the signing of a Letter of Intent on Co-Operation between Cork Airport Business Park and Shanghai Caohejing Hi-Tech Park at the Cork International Airport Hotel. Pic Darragh Kane

### PLANNING NEWS

#### Planning Applications:

Application for permission to construct a ground floor extension to front of existing restaurant and take away, incorporating extension of restaurant, take away areas and kitchen, minor internal alterations to existing restaurant, take away and kitchen areas, signage to new extension and all associated site works

Pier Road, Kinsale, Co. Cork, for Dino's (Kinsale) Ltd.

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## Kinsale Arts Festival officially launched by Sinead Cusack

World renowned actress Sinead Cusack officially opened the Kinsale Arts Festival on Saturday July 6th in our idyllic seaside town. Helping to kick off the annual festival with Ms Cusack was Cork County Mayor, Cllr. Noel O'Connor, Mayor of Kinsale, Cllr. Billy Lynch, Labour TD Michael McCarthy and festival chairperson Mareta Doyle.

Sinead Cusack said of the festival at the opening 'When I was invited to speak here I had a preconception of another little local festival: I had no idea of its magnitude, of its huge variety of talent and of the way in which the programme celebrates young artists.'

In its 9th year, Kinsale Arts Festival continues to bring together the newest and most innovative theatre, comedy, arts and music from Ireland and abroad. With temperatures soaring high for the duration of the festival, Kinsale was awash with sunshine, culture and art with a creative and engaging programme of events for all ages.

Highlights of the festival included an interactive wine tasting with A Wine Goose Chase, musical offerings from Rhob Cunningham and DJ Kormac, film delights with The Raj in the Rain, comedic performances from Colm O'Regan, Maeve Higgins and much more.

Sinead joins a list of luminaries who have opened the festival in the past including Jeremy Irons, Jimmy Deenihan, Jonathan Rhys Myers, Michael Morpurgo and Jean Kennedy Smith.

Others who have participated in the festival over the last 9 years: Brian O'Doherty, Anya Gallaccio, Janet Mullarney, Alice Maher, Alan Phelan, Michael Morpurgo, Lord Puttnam, Edna O'Brien, Neil Jordan, Nevan Lahart, Katherine Beug, Nick Miller, Donald Teskey, Maud Cotter, Diana Copperwhite, Michael D Higgins, Derek Mahon, The Frames, Imelda May, Kevin McAleer, John Banville, Tim Smit, Maeve Higgins, Joseph O'Connor, Dorothy Cross, Jackie Nickerson, Eilis O'Connell, Gary Coyle, Nouvelle Vague, The Brodsky Quartet, Hypnotic Brass Ensemble, Matthew Hollis, Curious, Playgroup and the Traverse Theatre Company.

Next year marks the 10th anniversary of Kinsale Arts Festival... watch this space for details of the exciting programme to celebrate 10 years of Kinsale Arts Festival.



Mayor of Kinsale Cllr Tony Cierans speaking at the opening of the Kinsale Arts Festival. Picture: John Allen

**UPDATE ON TODDLER PLAYGROUND AT THE TOWN PARK.** Kinsale Town Council has requested tenders for the works, the closing date for which has now passed. Two tenders were received and they are currently being examined. When the decision has been made as to who will get the contract, it is anticipated that the works will have commenced before the end of the summer.

## Become Part of Irish HeARTS

RSVP invites audiences to buy into the world we have created. €15 for 2 hours in the realm of Irish HeARTS; become part of it all, whether you are Irish born, of Irish descent or have made Ireland your home for now, or ever, you are invited to join us, laugh with us, cry with us, sing with us, dance with us. We search for some meaning in this constant beautiful heart-wrenching life. It's nice to take a break and have a laugh, it's good to take a holiday and appreciate some art, but it's great to find a way to create meaning in our lives, to connect with others. We invite you to become part of the creative process, the quest for a sense of fulfilment, and we would like you to value that invitation with your €15 ticket price. You may sit and be entertained, or you may choose to experience our master plan, our challenge to you; join us in our quest for positive change. Get up out of your chair and stand up for what you believe in. A fantastic offer for only €15. Yes, we do think a lot of ourselves, and yes we do think a lot of you. You deserve this opportunity. Now take it!

The Gathering-RSVP project built this show Irish HeARTS, and involved an experimental collaboration of artists, located internationally, responding to the question of what it means to be Irish today. Irish HeARTS is a 2 hr promenade theatre presentation, integrating film, music, dance and poetry with community arts participation. The premiere takes place in conjunction with Kinsale Regatta, where the show begins in Market Place at 6pm Saturday 3rd August. Our audience will be taken on a mini tour, by the characters written by Mark Harvey Levine, of our participating venues Glen Studios, The Blue Haven Cafe and The Bacchus nightclub to see the installations made throughout 2013 by the participating artists.

We have created and developed a series of artistic responses, to the question of what it means to be Irish today. This construction has required 9 months of separate yet thematically connected events, with opportunities for public participation throughout the process, towards a final unique theatrical presentation. This project is produced by RSVP (Red Sandstone Varied Productions,) Kinsale, Co. Cork, Ireland and directed by Yvonne Coughlan. It is inspired by The Gathering Ireland. Irish HeARTS is scripted by Los Angeles based, award winning playwright Mark Harvey Levine, for performance by Irish actors, Marie O'Donovan and Mark Cosgrave, as they introduce you to the creative installations. Tickets available at Kinsale Regatta office at the Short Quay, An Grianan or Mylie Murphys.

## Kinsale Vintage Rally 2013

One of the most exciting and spectacular weekends on the Kinsale events calendar, The Blue Haven Kinsale Vintage Rally, took place May 10th to 13th last. With over 100 amazing Vintage cars on display in Kinsale over the weekend, it really was a fun filled family weekend worth seeing.

Now in its 24th year, it is widely regarded as one of the premier events on the Irish classic car calendar.

Following the twinning of Kinsale with the Welsh town of Mumbles in 1990, KV&CMC also decided to twin with the town's own car club, The Swansea Historic Vehicle Register. Each year sees large numbers of SHVR members make the trip to Kinsale for the May rally, a gesture that is returned each August when the club makes the return trip to Swansea.

Kinsale Vintage & Classic Motor Club was originally established in 1988 by a group of classic car enthusiasts. The club has since grown to a current membership of over 70 members. All members share a common passion – their love of driving and preserving the classic cars of yesteryear. Indeed one could ask for no better setting than the historic town of Kinsale and the surrounding beauty of the West Cork countryside.

*Cars setting off at the start of the The Blue Haven Kinsale Vintage Rally. Picture: John Allen*



Kinsale Craft Brewery recently launched their Kinsale Pale Ale at the Folkhouse. Sam and Maudeline Black, the husband and wife team behind the beer, were delighted with the turnout of people who came to sample the first draught version of their ale. Two kegs holding 60 pints were gone within two hours. "There was a great atmosphere," said Sam, "at one point I looked around and everyone in the place was drinking Kinsale Pale Ale."



Sam and Maudeline Black of Blacks Kinsale Pale Ale. Photo: John Allen

The business, which the Blacks started in June, is small scale at the moment but will grow considerably in September when they are due to set up a bigger brewery. The seed for this venture was sown many years ago when Maudeline gave Sam a beer making kit one Valentine's Day. What began as a hobby developed into an obsession which soon took over the kitchen and two sheds! Sam began to think seriously about marketing his beer in 2011 and in 2012 he completed an MSc degree in brewing and distilling at Herriot Watt University.

Since they started selling their locally brewed beverage they have enjoyed great reviews, one of which, Beermack, says: "A cracking session beer – a true American style Pale Ale – with plenty of hop flavour and aroma from the combo of citra and cascade. For a first brew, Kinsale have absolutely nailed it!"

For now, the Blacks are working on making their first

## KINSALE MEALS ON WHEELS AGM

The AGM of Kinsale Meals on Wheels was held on 16 May 2013.

Meals on Wheels has operated in Kinsale since the early 1970s. It exists to provide nutritional meals to those in the community who, for a variety of reasons, may not be in a position to prepare meals for themselves. Whilst the service is focussed on Kinsale we provide meals to several clients in surrounding areas. Liaison is maintained throughout with Kinsale-based Public Health Nurses.

Meals are delivered by a team of volunteer drivers on Monday, Wednesday and Friday throughout the year. More than 30 drivers are involved.

2012 represented another satisfactory year for Kinsale Meals on Wheels with more than 2800 meals delivered to our clients in the Kinsale and surrounding area.

During 2012, meals were prepared at the new Haven Bay facility. Meals are collected there and delivered with efficiency and good humour by our team of drivers. We continue to be grateful to all of our drivers who provide such a dependable service throughout the year, come what may – and to those on the 'Reserve' list who step in as needed, often at short notice.

Operations were supported by HSE grant which covers around 50% of the cost of the operation, with the remainder being provided by direct contributions from our clients

We acknowledge once again the help and financial support from Kinsale Lions Club, Altrusa Club, Sisters of Mercy and the continuing support from Buttrum and Associates, from Trident Hotel and from HSE.

## Old Head Signal Tower could become significant tourist attraction- Daly

Minister of State, Brian Hayes TD, last week described the efforts of the Courcy's Rural Development Committee as commendable and inspirational following a visit to the Old Head Signal Tower project at Kinsale with local Fine Gael Deputy, Jim Daly.



Speaking following the visit, Deputy Daly said: 'The project to restore and renovate the Old Head Signal Tower began back in 2010 when a sub-committee of Courcy's Rural Development Association was set up to investigate the possibilities of developing the Tower and its surrounding grounds. A feasibility study was undertaken and the development concept is to restore the Tower as a panoramic viewing point, with a view to using the internal Tower as a space to illustrate its significance and history to visitors. There are also further plans to build an underground museum for Lusitania interpretation and to build a visitor centre including a cafe and craft shop.'

"Full planning permission has been granted for the renovation of the Tower and the project is currently the subject of a Leader funding application. As the site is owned by the OPW, the committee requested, through my office, that Minister Hayes, who has responsibility for the OPW, would visit the project and see first-hand the potential to develop this attraction for locals and visitors alike."

On visiting the site, Minister Hayes said: 'The progress made to date by the committee is truly commendable and inspirational. I will certainly offer my support in any way I can to help this project succeed. I will be liaising with my colleague Minister Hogan, whose Department has responsibility for Leader funding, to ensure he is fully aware of the significant progress made by this committee so far. Bringing the project to a full planning permission status was no easy task. The committee is to be commended for its work.'

## THE WILD GEESE WIN 25th ANNIVERSARY HEINEKEN KINSALE 7S



Overall winners, The Wild Geese Irish Invitation Team celebrating at the 25th Anniversary Heineken Kinsale 7s. Picture. John Allen.



Women's Internationals, Fiona Coughlan (Captain) and Joy Neville with Simona Coppola from Limerick enjoying fun in the sun with the Railway Union Ladies Social Rugby Team at the 25th Anniversary Heineken Kinsale 7s this May Bank Holiday Weekend. Picture. John Allen

The Moosa Daly 'Wild Geese,' an Irish invitation team, won the coveted Mens Elite Trophy in the 25th Anniversary Heineken Kinsale 7s, scooping €10,000. They beat the Red Pandas from the UK as The Lightning Bolts (St. Mary's Dublin) won the Mens Open and the Wooden Spoon Women (UK) won the Women's Competition.

The Heineken Kinsale 7s is the biggest Club organised tournament in Europe with a prize fund of €30,000.

Bright skies, blue sea and a blast of 90 teams' technicolour rugby jerseys set the scene for the 25th Anniversary Heineken Kinsale Rugby 7s, this May Bank Holiday Weekend.

Over 10,000 players, spectators and people of Kinsale enjoyed two days of competitive rugby as well as fun and festivities that Kinsale always attracts.

On Saturday afternoon, Kinsale welcomed Irish Internationals and Munster players, Peter O'Mahony, Simon Zebo and Conor Murray.

On Sunday more Munster players and friends were spotted enjoying the rugby, including Jerry Flannery, Ian Dowling, Ivan Dineen, Mossie Lalor, Stephen Archer, Sean Dougal and Billy Holland.

Fiona Coughlan, Captain of the victorious Irish International Women's Grand Slam team lined out for the Royal Vixens, runners-up in the Women's Elite Final. Womens International No.8, Joy Neville from Limerick was spectating as she is a huge 7s fan and has played in Kinsale on several occasions. Irish golfer Shane Lowry, was 'waterboy' for the Lightning Bolts, a Dublin team that won the Mens Open Competition. He had played golf at the Old Head of Kinsale on Friday and thoroughly enjoyed the whole festival.

Former Lions Ronnie Dawson, Tom Kiernan and Noel Murphy attended the event on Sunday to help celebrate the 25th Anniversary of the Tournament. A special one day TAG tournament was held and this will be part of the fixture list in future years.

The Heineken Kinsale 7s generates a massive boost to the local economy at the start of the tourist season and is staffed entirely by volunteers. It is a hugely important event for Kinsale town and district and allows Kinsale showcase its heritage and gourmet reputation.

Pat Maher Heineken's Events and Sponsorship Manager said; "Heineken, alongside our business partners in Kinsale and surrounding areas, are delighted with our long association with this fantastic event. We are pleased to celebrate the 25th Anniversary of the Heineken Kinsale 7s and wish Kinsale RFC every good wish for many more tournaments."

For the fifth year, Kukri is the official event wear for the Kinsale 7s. Other partners include Pride Passion Party, Quest, Hayes Caravan Services and Kinsale Town Council. Graepel Perforators & Weavers sponsored locally crafted trophies made from their latest product 'Picture Perf' that allows Graepel to punch any image into metal sheets.

This year's charity partners were Kinsale RNLI and Wooden Spoon, a children's charity of rugby, dedicated to helping disadvantaged young people live happier, richer lives.

## THE LACEMAKERS GATHERING

The town of Kinsale hosted its first Gathering, in this the Year of the Gathering, from February 25th to March 1st 2013, with over 50 Lace-makers from Northern Ireland, England, Scotland, Italy, Holland, Belgium, France, USA, South Africa, and nearer to home, Cork, Kerry, Dublin, Meath, Waterford, Galway, Mayo and Limerick, came to Kinsale for a week of all things Lace.

Organised by Cork's own Lace Lady, Veronica Stuart of the Traditional Lacemakers of Ireland, It brought together some of Ireland's Lacemaking talent in a week of celebration of one of Ireland's least know treasures - Lace.

Held at the Trident Hotel, Kinsale, the week comprised of daily workshops, for beginners and advanced students. Classes were given in a variety of laces, for example, Bandon Lace, Limerick Lace, Youghal (the Queen of Laces) Carrickmacross, Kenmare Lace as well as Irish Crochet Lace, Mountmellick, Clones, Bobbin Lace and Tatting.

An exhibition of vintage lace as well as some more modern pieces was open to the public for the duration of the gathering, in what is being labelled Lace Week. Many of the pieces on display were the work of prizewinners at the RDS.

Many local people, custodians of Kinsale Lace, brought along their pieces to the delight of all attending. Sr. Mary Theresa of the Convent of Mercy Kinsale brought along some very beautiful examples of Kinsale Lace. The collection consisted of an Alb, an Altar Fall, Tabernacle Curtain and other beautiful item made in the Convent in Kinsale. Also from the Convent of Mercy Kinsale, Sr. Patricia gave a copy of her extensive research on the history of Lacemaking in Kinsale.

The highlight of the week was the gala dinner and fashion show on the Wednesday evening.

Those who were lucky enough to find a seat, were treated to a fashion show with a difference, everything was white. Lace wedding dresses, lace wedding veils, lace shawls, christening gowns, crochet dresses, cardigans, jewellery, followed with a display of Irish Lace and Irish Crochet Lace parasols.

In total contrast to the vintage white, came the colourful modern of the students of St. Johns College of Art and Design who showed their own design and creativity.

It is the hope of Veronica Stuart and the Traditional Lacemakers of Ireland to keep alive the wonderful tradition of Lacemaking in Ireland. Classes are held regularly throughout the county, anyone interested should contact Veronica Stuart on:- 021 4371152

email :- veronicastuart@gmail.com • website: www.traditionallaceireland.com

Such was the success of the week, that already, interest has spread to groups in England and Russia enquiring about the next Lace Week, while those who attended are expressing their desire to come back to Kinsale and the Trident Hotel, to do it all again. Watch this space!

Angela Shanahan



## SANDYCOVE SWIMMER BREAKS RECORD

Robert Bohan, who is a member Sandycove Island Swimming Club, became only the second person to swim around Valentia Island recently. The record-breaking swimmer, who has already swam across the English Channel, as well as becoming the first man to swim from the Skellig Islands to Portmagee, completed his attempt in a time of 7hrs and 58m. Robert's preparations for his most recent challenge included an Ice-Mile Swim in February, in a lake near Ireland's highest mountain-Carrantuohill, in waters with a temperature of only five degrees. The Ballinhassig-man, who took up sea swimming while attending college, now hopes to travel to California next year to complete the Catalina Island swim. » JJ Hurley



Sr. Mary Theresa of Kinsale Convent of Mercy with part of her collection of Kinsale Lace, which was made here in the Mercy Convent, Kinsale, pictured with Angela Shanahan.



Munster Rugby player Damien Varley with Noel Wallace from Bunratty Manor Hotel and celebrity chef Martin Shanahan. Picture. John Allen



Chef Martin Shanahan from Fishy Fishy Kinsale with Sophie Neville, Lucy Shanahan, Dara Tyner and Niamh Gimblett of the Fishy Fishy Ceili Band. Picture. John Allen

The West is the Best... AGAIN!

Kinsale Crowns The West Bar, Westport, Co. Mayo, All-Ireland Chowder Champion for the Second Year Running



Hal McElroy, Trident Hotel; Caroline Small from the Mourne Seafood Bar in Co. Down; celebrity chef Martin Shanahan and Eugene Callaghan from Kellys Resort and Spa Rosslare at the 3rd annual Chowder Cook Off. Picture. John Allen



A piper and the Kinsale Giant lead the contestants at the 3rd annual Chowder Cook Off in Actons Hotel, Kinsale. Picture. John Allen

It was certainly a case of twice as nice for The West Bar, Westport, Co. Mayo, as for the second year running they were crowned All-Ireland Chowder Champion at the All-Ireland Chowder Cook-Off which took place in Kinsale on Sunday 21st April.

Almost 900 people cast their vote, to choose their champion in the hotly contested All-Ireland Chowder Cook-Off which took place in Acton's Hotel, Kinsale. The event saw chefs, fishermen and commercial chowder producers from every county of Ireland serve up pots and pots of delicious creamy chowder in a bid to walk away with the coveted title.

In the end it was The West Bar's special recipe that once again wowed the public's palate and won their vote. Louth's Fitzpatrick's Bar & Restaurant, who's fantastic "fishy" stand was one of the main talking points of the day came 2nd; while The Cornstore, Cork, came in 3rd place.

Frank Walsh, co-owner of The West Bar, was stunned and delighted to be crowned champions for the second year in a row, and attributed his continued success to a simple recipe using only the freshest and best quality fish to achieve the best flavour. The West Bar has established itself as Westport's favourite Gastro bar with both locals and tourists alike, and Chef Frank serves up a broad range of seasonal dishes based on the best of locally sourced produce such as the seafood used in their double award winning chowder, sourced directly from local fishmongers and suppliers.

Commenting on their win John McGrath, Frank's business

partner, added "We're absolutely thrilled to once again be crowned Ireland's chowder champions; particularly as the competition this year was so stiff with an amazing array of chowders being served! It's a great honour to win the title in Kinsale, Ireland's Gourmet capital; and we would like to extend special thanks to Kinsale Chamber of Tourism & Business and Kinsale's Good Food Circle for an exceptionally well organised event.

We hope to follow Bunratty Manor's brilliant result last year, whose success was a great endorsement for the All-Ireland Chowder Cook-Off."

The All-Ireland Chowder Cook-Off was the pinnacle of a two day Family Festival that was held in Kinsale over the weekend. The town was transformed into a massive open air street market with food stalls and lots of fun family activities throughout the town. Food stalls hosted by many of the local businesses sold delicious samples and dishes, and there certainly was something for everyone to enjoy.

Following the Cook-Off, Chairman of Kinsale Chamber of Tourism & Business, Hal McElroy said "We were astounded with the response from both the public who turned up in droves, and all the chefs who took part; and I would like to thank them all for making the trip to Kinsale. On behalf of Kinsale Chamber of Tourism & Business, I would also like to once again congratulate The West Bar on being crowned All-Ireland Chowder Champions, no mean feat considering the standard of chowder that was available this year.

## SCENIC VINTAGE FESTIVAL AT ROBERTS COVE

Since its establishment three years ago, the Roberts Cove Vintage Festival, which will take place on Monday August 5th, is expected to attract a large attendance. In addition to the scenic location, the usual jam-packed programme is making the event irresistible to the public. Proceedings will kick-off when members of the Munster Rugby team will officially open this year's festival at 2pm. Along with the significant vintage element to the Festival, including a Car and Tractor Vintage Run and a demonstration of old-style threshing, the organisers have again included the popular Tractor Pulling Competitions. This year three charities, including St Vincent de Paul, Kinsale Hospital and KOST, are set to benefit from the event.

JJ Hurley



## Re-dedication of Trinity Well near Charles Fort

Most appropriately on Trinity Sunday (May 26th), a former practice of 'doing the rounds' was performed after almost a century at a well attended ecumenical ceremony to mark the re-dedication of Trinity Well, Fort Hill near Charles Fort.

Spearheaded by mainly local residents who are members of Trinity Well Conservation Group, it's the first phase of a project to restore and maintain the adjoining cemeteries on both sides of the road which were overgrown and neglected for decades.

Carmelite Friar Stan Hession said holy wells were places of reflection and prayer which brought serenity and healing and it was in that spirit they were gathered. He, along with Canon David Williams led the prayers, which included St Patrick's Breastplate, and performed the blessing and this was followed by Fr Norbert Heaslip, O Carm leading the procession of people in prayer clockwise round the restored well with Michael Sheehan and Maureen Bocking at the front.

There is a temporary timber crucifix

above the well where the water is not yet suitable for drinking. Before and after photos of the site taken by Tony Bocking have subsequently been presented to Summercove National School by committee chairperson John McCarthy and secretary PJ O'Callaghan.

PJ O'Callaghan said that in ancient times, a water source was very important for a variety of uses and would often be located near a place of worship. Close to the site once stood Holy Trinity Church serving the former parish of Ringcurran and also a Barry Og Castle which was taken by Cromwellian forces in 1641. Forty-one years later, it was decided to demolish the church near the well for fear it was used by rebels to attack Charles Fort.

Like many others in Ireland, the water from Holy Trinity Well was believed to have curative powers and a 'Pattern Day' where people 'did the rounds' was held every Trinity Sunday until the early 20th century until this was banned due to anti social behaviour at the site. A recent discovery at the well was what appears to be an Italian Miraculous Medal of Our Lad, a photograph of which was circulated by Cllr Noel Harrington at a recent meeting of Kinsale Town Council.

Photo: John Allen

### Donations Flow for Belgooly Man's Marathon Efforts

€2436 was donated by the people of the neighbouring Parishes to Belgooly Resident, JJ Hurley who recently competed in the Cork City Marathon on behalf of SVP. Having competed in last year's race for the local Chapter of St Vincent de Paul too, the Belgooly man has now raised €4236 over the last two years. Acknowledging the tremendous support of family, friends, community organisations and businesses in the area, JJ said he was overwhelmed by donations he received at a time when so

many people are under financial pressure themselves. Similar to last year, the donation day in Kinsale had proven to be very lucrative but its success had only been made possible with the support of an army of volunteers, including Mary Broderick, Rosie Eaton, Paul Eaton, Paddy Morrissey, Riverstick Foroige Club, Eddie Kelleher, Ken Forde, Patsy Feeney, Catherine Kelleher, Mary O'Connor, Carmel Murphy and Mary Nagle. Reflecting on his achievements JJ said: "In life it's important that when we get a chance to help others that we take it and I am delighted to do something for those less fortunate than me."

### Pictured are Mums and Dads of Courcey Rovers Camogie Club at the launch of its first "Mum and Me" Programme recently.



The programme which is an initiative by the Camogie Association aims to involve parents more in their own child's development as a player and to help in recruiting mentors.

Twenty Mums and Dads joined their daughters at camogie training every Saturday morning for the 6 week programme.

The programme was rolled out with the help of An Cumann Camogiochta development officer's Deirdre Murphy and Mairead Donovan which enabled the club to buy all parents a Hurley and Sliotar to practice with. Thanks to all the parents for their commitment and to Joanne Lynch who tutored the parents. For more information contact Courcey Rovers Camogie. Secretary, courceyrovers.cork.camogie@gaa.ie or organiser Alayne 086 3116262.

## Olympian Peter O'Leary Lifts 2013 Sovereign's Cup at Kinsale YC

The final day of the 2013 Covestone Asset Management Sovereign's Cup enjoyed Caribbean-like conditions of 14-16 knots of wind, flat seas and blazing sunshine, to conclude a week of magnificent sailing in Kinsale Harbour at the end of June.

At the Prizegiving Ceremony, Regatta Director Mike Walsh thanked all competitors for taking part and the huge number of KYC volunteers and staff that ensured the smooth running of the event. Also, he thanked Donal Roche, Managing Director of Covestone Asset Management and acknowledged their sponsorship and excellent support.

The Sovereign's Cup 2013 was awarded to Peter O'Leary and his crew on 1720 Sportsboat Spiced Beef, "for their consistency in performance in an incredibly competitive class," according to Regatta Director Mike Walsh. "This was a very difficult decision to make as there were four boats in the running but O'Leary and his team were outstanding in my opinion," he added.

The Spiced Beef crew comprised Peter and Robert O'Leary and Jamie Donegan from RCYC and Cathal Cottrell and Youen Jacob of Baltimore Sailing Club, who were all delighted to accept the beautiful Waterford Crystal perpetual trophy.

The Portcullis Trophy, awarded to the boat with the best performance under ECHO handicap, was presented to Godot, skippered by KYC stalwart, John Godkin.

The idyllic conditions provided the battleground for all classes, who after three days racing remained very tight at the top with all to play for on the final day.

Classes 0 and 1 blasted 'around the cans' course on the final day of racing. In Class 0, Andy Williams' team on-board Keromino stretched their legs in impressive style, displaying awesome power under her A-sail on the downwind legs to finish her regatta with two bullets and the Class 0 overall trophy. RCYC's Corby 39 Gloves Off came home in second with club mate Conor Phelan's Jump Juice pipping Richard Fildes Impetuous into third by a mere half a point.

Class 1 proved to be a battleground between the J109's and A-35's for all podium positions. John Maybury's Joker II with North Sails Ireland Nigel Young calling shots took the laurels on 15 points with Howth YC's Storm coming second on 18 points. Third was Rob McConnell's Fools Gold on 26 points. A mere 3 points separated third from fifth, making this one of the tightest contests of the regatta.

In Class 2, Sovereign's Cup veteran and former overall trophy winner, Anthony Gore-Grimes and his team on Dux proved consistency is the name of the game. Discarding a 10th, the team on Dux never finished outside of the top five to win the class. Wicklow Harbour Sailing Club's Slack Alice took second, with the evergreen Cavatina filling the final podium position.

KYC's paralympian, John Twomey made Class 3 his own, winning all races in his Blazer 23, Shillelagh. John showed a masterclass performance in both the heavy and light airs beating the Foley/Bergin/Byrne J-24 into second place. An T'Oileanach took third place, with both J24's clearly enjoying the planeing conditions downwind.

The 1720 European Championships was an extremely closely fought event. Going into the final day, the leader board remained wide open, demanding consistency in performance in the last two races. Grasping the opportunity was Peter O'Leary and his RCYC/BSC team on Spiced Beef who along with her four bullets from earlier in the regatta,



Picture: John Allen

scored a third and fifth to take the overall title ahead of Tom Forrester-Coles on Ricochet. Third was the Durkan/O'Sea team on T-Bone with Nicholas O'Leary at the helm who, despite winning the final two races, were unable to recover from dropping their rig on windy Friday. Great credit is due to this team who worked well into the Friday night to ensure they made the last two races.

The Quarter tonners had their fair share of excitement over the regatta. Getting these boats downwind in big breeze and rolling seas with the rig pointing in roughly the right direction is no mean feat, as Sam Laidlaw's Aguila displayed excellent crew work and skill to take the class win. Tony Hayward on Black Fun was second with Rob Gray on Cote third on count back from Willie McNeill's Illegal Immigrant.

The White Sail classes enjoyed four great races over the course of great racing throughout the regatta. The Charles Fort line provided an alternative experience for sailors and was deemed a great success by visiting competitors. In White Sail Class 1, the Elan 333 Bite the Bullet took the honours from the Hanse 311 Loch Greine with Emir Herr third. White Sail Class 2 proved an all-Kinsale affair, with Ger and Fiona Grant taking the class win on Loa Zour. Ray Bowes Calero second and Richard Hanley third in his GK24, Saoirse. Loa Zour won the Overall White Sail Trophy much to the delight of skipper and crew.

The Michelle Dunne Prix d'Elegance trophy for the best turned out boat and crew was presented by Carrie Dunne on behalf of the Dunne Family to Andy Williams' Keronimo.

Regatta Director, Mike Walsh made a small presentation to KYC member Denis Kiely, who, 20 years ago had the vision to establish the Sovereign's Cup regatta in Kinsale on the alternate year to Cork Week at RCYC. Mike also made a special presentation to

recognise the efforts of Ben Fusco and his young team on the 1720 Sportsboat Merlin with an on-board average age of 17. Closing the prize-giving, Mike announced the next Sovereign's Cup dates of 24th-27th June 2015 and welcomed everyone back to Kinsale Yacht Club in the near future.

### Comedy Award for Kinsale Comedian

Kinsale-native, Tara Flynn was recently awarded Irish Satirist of the Year at The Swift Satire Festival. Tara, who started her acting career on the school stage at Our Lady of the Rosary Secondary School, Kinsale, has subsequently gained nationwide recognition as one of Ireland's leading female comedians, regularly appearing on the national airways. In addition to contributing regular articles to the Irish Independent and Evening Herald, Tara is one of Ireland's top voice artistes, she is the "No new messages" voice of the O2 mobile phone network.

• JJ Hurley

## KINSALE LIONS GOLF CLASSIC

Farrangalway, home to Kinsale Golf Club, was the idyllic setting for the 2013 Golf Classic run by Kinsale Lions Club recently. Forty teams took part, and there were over one hundred sponsors to help make the event successful in terms of €15,000 charity funds raised, as well as providing a great days golf in excellent conditions.

Lions President Eamon Jackson said how grateful the Lions were to Kinsale Golf Club for providing such a well manicured course for the Golf Classic. Kinsale Golf President Ned Lambe responded, and promised the ongoing support of the golf club for Kinsale Lions, who they recognised as working for the local community.

Given the good conditions, scoring was high, with Trident Hotel taking the honours on 92 points. Second team was Goodbody Wealth Management, also on 92 points but separated on back nine. The Robinson/Moore team was placed third, on 91 points.



Trident Hotel Team (L to R) Ben Scott, Amy Duggan, Anthony O'Mullane, Lions President Eamon Jackson and Hal McElroy

## Great year for Kinsale Underage Soccer

Kinsale Underage AFC is growing year by year with many of the underage teams celebrating great successes and an underage team in the Premier League for the first time in the club's history. With great momentum and support behind the club it was decided this year to run a weekend fun tournament inviting clubs from all over the county to come and participate. Over 28 teams competed in the inaugural tournament which took place at Madden Park on June 8th & 9th, with a team coming from as far as Killarney!

The event was blessed with glorious sunshine on both days and the teams, aged from U8s to U12s, had a wonderful time. Visiting clubs were very complimentary of the facilities and the professional way in which the tournament was run. Professional referees were employed for the weekend and each participant

received a medal at the presentation of prizes on Sunday, so no-one left empty handed!

The club would like to say a huge thank you to everyone involved in the event, the sponsors, Kinsale Town Council, Cork County Council and all the volunteers who helped out over the weekend. Judging from the wonderful feedback from the visiting teams it looks like it will be the first of many!



## ROBBERIES IN THE AREA

Following a number of break-ins in the Belgooly and Kinsale area in the past few weeks, Kinsale Gardai have issued an appeal to the public to ensure all their property is secured and alarms are activated, even when homes are occupied at night. The latest incident took place on Wednesday 17th July, when a house in Belgooly was broken into between the hours of 9am and 5pm. Gardai in Kinsale have issued an appeal to the public for their assistance in bringing those responsible to justice. In particular they are interested in speaking to four men who were seen driving a blue or green car in the area. Anyone noticing anything suspicious should report the matter immediately to the Gardai in Kinsale on 021 4772302.

## Kinsale Kidathlon

Kinsale Triathlon Club has held their first and biggest event of the year with their inaugural Fun Fun Fun Kidathlon which ran on July 21st at the Dock beach.

Triathlon is an increasingly popular sport with an event on somewhere every weekend of the season. It consists of a swim, a bike and a run and the distances vary from a 750m Swim, 20k Bike and a 5k Run in a Sprint Triathlon; to a 3.86km Swim, a 180km Bike ride and a 42.2km (Full marathon) run for an Ironman distance triathlon which is not for the faint of heart, however, this event was different, distances were much shorter and so was the height of the competitors.

Age groups ranged from 6-15yrs and they all looked every bit the triathlete, complete with race numbers, goggles, hats and high performance bikes, some even had stabilisers! A fantastic turnout of 112 competitors, most of whom had pre-registered, warmed up and completed the course in overcast but humid conditions.

There were separate competitions or "Waves" for different age groups. The swim was in waist deep water and ran parallel to the shore with distances varying from 25m-75m. Both the bike and run legs were on the low road out towards the bridge which was closed to traffic for the duration of the event.

Although for most competitors this was their first event, they clearly knew what to do as they took off their swim hats and goggles while exiting out of the ocean. En route to their bikes some parents helped kids out of their wetsuits leaving the marshals to clip on helmets, take bikes off racks and direct them onto the bike course. Once the bike was finished another quick transition where they re-racked their bikes and started on the run course before crossing the finish line for refreshments.

The purpose of this event is to introduce kids safely into a healthy, fun and social lifestyle. Pre-race we were getting reports of an 8yr old refusing an ice cream because he didn't want to have sugar, and a 6yr old who wanted to know if he



could "carb load" the night before! Another competitor was a little confused and asked the marshal why none of the other kids were waiting for her during the race. It's nuggets like these that make the event so memorable.

Coming off the back of this event is a wave of positivity from all concerned. Marshals were delighted it ran so well, parents were thrilled, but it all pales into insignificance compared to the grins on the kids faces when they crossed the line and received their medals which they wore so proudly. Post race feedback of kids taking their medals to bed with them and beaming with pride will ensure that Kinsale Triathlon Club's Kidathlon is here to stay for many years to come. The response to this event has been remarkable and has already lead to further support being offered for next year, securely placing the Kinsale Kidathlon as a must do event in the yearly activity calendar.

A special mention to all the marshals who helped out on the day and ensured that the event ran as smooth as possible. The Kidathlon would only be a thought if it were not for these people and for their time and efforts on the day.

A huge thanks to the events main sponsors who were:- Marmalade Park Creche, Hands on Science, Offshore Surf Shop, Smith's SuperValu and the Lemon Leaf Cafe. A host of others contributed to the event also and to them we say, thank you, especially to the people of the CastlePark/Dock area.

Kinsale Triathlon club has regular swim, bike and run training sessions each week and all year round. Although we promote and train for each discipline there is no obligation to sign up for or take part in any triathlon. Our sessions are social and we run events each year to bring our members together. If you are interested in finding out further information on Kinsale Triathlon Club, please feel free to contact us at [kinsaletriclub@yahoo.ie](mailto:kinsaletriclub@yahoo.ie)

Kinsale Triathlon Club. Facebook Page:- [kinsaletri club](https://www.facebook.com/kinsaletriclub)

*Karen Briscoe, from Kinsale, aged 16, and a 5th year student in Kinsale Community School, represented Ireland in the European Girls Mathematical Olympiad (EGMO) which was held in Luxembourg, April 8-14th 2013.*

*Following a selection test for this competition held on 23rd February last in the Irish Maths Enrichment Centres (NUI Dublin-UCD; Cork-UCC; Galway-UCG; Maynooth and U.L.), Karen gained joint first place. Well done Karen.*

*(Photo: Kinsale Community School).*



## Class of '88 Reunion

The Leaving Certificate Class from The Convent of Mercy 1988 is holding a reunion in the Tap Tavern on Friday August 9th at 8pm. Anyone who was included in this class from 1983 to 1988 is welcome to attend.



*Congratulations to Curly and Stasia McCarthy who recently celebrated their 50th Wedding Anniversary, lots of love from John, Tanya, Dean, Leticia and Leroy. Many more to come x*



*Congratulations to Kinsale AFC U14 girls who won the Evening Echo Cup in Turners Cross in May. The girls also came runners up in the U14 Premier League.*



*Sylvia Santry and Tony Lynch pictured on their wedding day.*



*The Kinsale AFC U14 girls taking part in National Cup quarter final v Salthill Devon at Madden Park on 13th July.*



*Congratulations to David Murphy and Grace Connolly who were married on April 19th 2013*



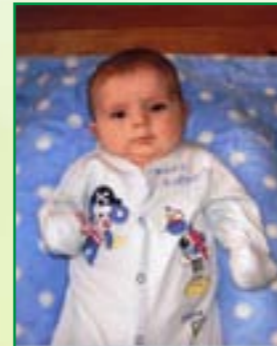
*Kinsale Town Councillor Noel Harrington pictured with Mary Lou O'Donnell, Sinn Féin.*



*Four Generations. Packie Dillon is pictured with his daughter Bonnie, granddaughter Leanne and great grandson Noah Patrick.*



*Pictured are the Power Family, Belgooly, who had a gathering to celebrate the 40th anniversary of their parents Mary and John. Included in photo: L-R; Micheál, Louise, Grettie, John Jr, Pat, John Sr, Mary, Laura, Ronan, Denise, Janet. Photo by O'Brien Studios, Cork. 021 4276557*



*Martin and Lorraine Mulcair would like to thank everyone for their prayers and best wishes for Ryan while he was in hospital. It was very much appreciated.*



*The 2013 Kinsale Pink Ribbon Walk presented a cheque for €103,304 to Action Breast Cancer, a programme of the Irish Cancer Society. Pictured in Kinsale are Nessa O'Reilly, Fionnuala McCarthy, Maria O'Mahony, Aine Ryan-O'Brien, Margaret Murphy, Missi Fitz and Jackie Dawson from Kinsale Pink Ribbon Walk with Eileen Kearney from the Irish Cancer Society. Picture. John Allen*



*Bright Sparks Playschool Riverstick. Photos by O'Brien Studios Cork, 021 4276557*



*Morning Glory Montessori Riverstick. photos by O'Brien Studios Cork, 021 4276557*



*Maya and Eva Dullea, aged 5 and 3, from Ballygarvan pictured enjoying the sunshine at Kinsale Point to Point. Pic: Diane Cusack*



*Jyothi Reynolds, 15, Kinsale, Ellen Kelleher, 15, Riverstick, and Lisa Linehan, 16, Kinsale, pictured enjoying the sunshine at Kinsale Point to Point. Pic: Diane Cusack*



*Lily Carpenter, 14, Belgooly, Jessica Sheehan, 14, Kinsale, and Molly Duggan, 14, Kinsale, and Tiny the dog pictured enjoying the sunshine at Kinsale Point to Point. Pic: Diane Cusack*



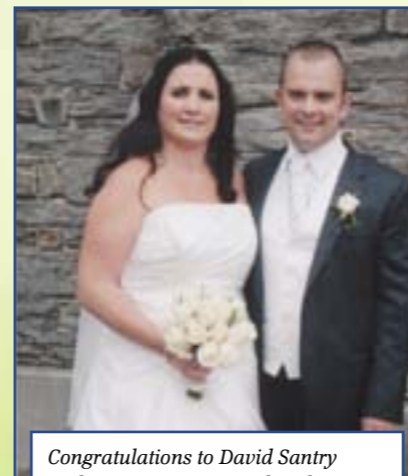
*Kim Sloley, Jacqueline Ferguson and Monika Nowakowska from Kinsale pictured enjoying the sunshine at Kinsale Point to Point. Pic: Diane Cusack*



*Jessica Grogan, 7, from Ballinadee pictured enjoying the sunshine at Kinsale Point to Point. Pic: Diane Cusack*



*Vincent Joyce, Dunderrow, and Tim Buckley, Jagoe's Mills, pictured enjoying the sunshine at Kinsale Point to Point. Pic: Diane Cusack*



*Congratulations to David Santry and Jean Hegarty, Kinsale, who were married on August 9th 2012.*



*Pictured at the start of the The Blue Haven Kinsale Vintage & Classic Car Rally were Adam, Benjamin, Lily, Isabel and Emma Fitzgerald from Kinsale. Picture. John Allen*



*Pictured at the start of the The Blue Haven Kinsale Vintage & Classic Car Rally were Josh and Jonah Dalton with Anmarie Falk from Innishannon. Picture. John Allen*



*Congratulations to Sean O'Sullivan and Trish Harrington who were married on December 29th 2012*



*End of an era with closing of St. John's N.S. and St. Joseph's N.S and the amalgamation of the two to form a new school, Scoil Naomh Eltin. Pics John Allen*



## Tony Cierans (Labour) new Mayor of Kinsale

It was Labour on the double at the annual meeting of Kinsale Town Council where party members Tony Cierans and Tomas O'Brien were unanimously elected mayor and deputy mayor respectively.

A teacher of French and English at Kinsale Community School where he produced several musicals, Cllr Cierans lives at Eltin's Wood and is a member of the Rampart Players, past president of the Lions Club, on the board of Kinsale Arts Festival and the Outdoor Education Centre and formerly served on the Parish Assembly.

Proposing Cllr Cierans as mayor, Cllr Michael Frawley (Fianna Fail) spoke of his organisational skills being second to none, a man who was highly regarded and always had his adopted Kinsale at heart. Seconding, Cllr Fred Treacy (Fine Gael) spoke of his hard work and great rapport with young people.



Returning thanks, Cllr Cierans paid tribute to the previous mayor Billy Lynch (Independent) and pledged to represent Kinsale to the best of his ability.

The new mayor went on to speak at length about his mixed emotions on becoming the last mayor of Kinsale due to a controversial proposal to abolish town councils he strongly condemned.

'We have a lot to look forward to in the year to come', said Cllr Cierans referring to the new playground for under sevens in the Town Park coming on stream and hopefully the Lions Club sponsored playground at Commogue. He also spoke about the amalgamation of the two primary schools and the 12,000 sq metres extension to Kinsale Community School.

"I would like to see during my term in office, the development of some facility for teenagers to socialize informally along the lines of a youth café. Many say that these draw trouble and are best avoided but in the many towns where they are up and running, the advantages outweigh the

disadvantages. I intend to pursue this project and hope you will support me in it," the new mayor added.

Cllr O'Brien was unanimously elected deputy mayor on a proposal by Cllr Lynch, seconded by Cllr Cierans who spoke of his party colleague's giving nature, great support and experience and major contribution to the life of the town, especially the Kinsale Rugby Sevens.

Outgoing mayor Lynch said he was proud to have served in one of the best towns in the country and on one of the best councils. He thanked his fellow members, a depleted but excellent outdoor staff of Timmy Eaton, Peter Gimblett and Austin Callanan and paid tribute to the late Canice O'Connell. He also praised tribute to town foreman Charles Henderson; town engineer Brendan Fehily; a very obliging town clerk Stephen Murphy and office staff Claire Levis, Claire O'Donovan, Niamh Spillane and Kevin Twomey. He specially thanked the manager Ms Power saying she was 'the best I've seen in this room'.

Many tributes were paid to Cllr Lynch by fellow members for his hard work, excellent record of attendance at so many events, outstanding representation of Kinsale and straight talking style in which he always put Kinsale first. Cllr Treacy also praised Cllr Lynch's wife Sheila while Cllr Harrington spoke of his good work in helping to preserve right of ways in Scilly and representing fishing community and urged a return to drift net licences to make it safer for inshore fishermen such as those in Passage East. The manager spoke of her pride in the way Cllr Lynch represented Kinsale when a delegation visited twin centre

Newport, Rhode Island, and praised the council at a time when the town looked so vibrant.

### 'Shake Down the Town' in Kinsale

RTE will be filming the new children's treasure hunt show 'Shake Down the Town' in Kinsale on August 7th, acting town clerk Mr Stephen Murphy informed members of the town council at their July meeting.

He said he was due to meet with Mr Tom Evans of Adare Productions about it. Members welcomed this. An RTE spokeswoman said filming would be in August and it was hoped to generate a good crowd for this. Kinsale was one of a number of towns chosen and screening was due on RTE 2 next spring.

## DISTRICT COURT IN KINSALE TO CEASE

There's dismay in Kinsale over the announcement that sittings of the District Court in Kinsale are due to cease and relocate to Bandon by the end of this year.

It will have turned out to be a short reprieve for the harbour town because sittings, held on the first and third Thursday of the month, only resumed there back in January, after an absence of two and a half years.

A 'very disappointed' Mayor of Kinsale Tony Cierans commented: 'Like the abolition of town councils, this distances people from government services. People are reassured when justice is done where the crime was committed. The arrival of the judge, police and media etc shows us that our town has value. The removal of the court tells us that we are regarded as a backwater town. The greater the distance between the people on the street and those who govern and wield justice, the more people will be suspicious of the integrity of the system. It's far easier to trust in and give affirmation to a system that's visible and accessible to the people.'

Recently, the Courts Service said it wanted to ensure that future investment

was only made in courts with what it termed 'justifiable case loads'.

President of the West Cork Bar Association and local solicitor Diarmuid O'Shea said it was a huge blow especially after such a hard fought campaign to get the Courts Service to relocate back to Kinsale.

The Temperance Hall in the town centre was always seen as temporary but it was hoped that the little used but spacious James O'Neill Memorial Mill Building owned by Cork County Council could be made available for just two days a month.

Kinsale Court, said Diarmuid, was a busy sitting and holding sittings in Bandon would be a source of great inconvenience to everyone concerned.

## Tributes to Kinsale council manager on her retirement



TRIBUTES were paid to Ms Patricia Power who was attending her last meeting of Kinsale Town Council prior to retiring after well over 30 years in local government.

They were led by Cllr Fred Treacy (Fine Gael) who spoke of her major contribution to the town in the short time she was manager since 2011 and thanked her for the support she gave and wished her a happy retirement.

Cllr Noel Harrington (Sinn Fein) said Ms Power was very articulate and professional and brought a bit of fresh air to the council.

'The best manager I ever worked with' said former mayor Billy Lynch (Independent) who added that anything she took on she saw through and if she couldn't, would tell you. Cllr Dermot Collins (FG) concurred and wished the manager a long, healthy and happy retirement.

From the start, said Mayor Tony Cierans (Labour), Ms Power was honest, approachable, courteous and professional. 'You knew your stuff very well and the town was always in good hands with you. We will miss you', he added.

Returning thanks, Ms Power said she deeply appreciated the support and help of the members. Two years was a short time but with their co-operation, a lot of progress had been made.

These included the go-ahead for the toddlers' playground in the Town Park, the purchase by the county council of the site at Commogue and full planning permission for a full scale playground, outdoor gym and recreational area which she predicted would be a huge asset; many new disabled-friendly footpaths, railings at Pier Road near the slip, work on an extension to the main pier about to start and completion of improvements to Lobster and Adam's Quays; major works on Sean Hales Terrace which prevented residents having to be relocated; the return (temporary) of the district court,

making the public toilets fit for purpose, a ten years capacity extension to St Eltin's Cemetery, greater accessibility and use of the James O'Neill Mill Building as an arts forum, the purchase of two houses from the town council at Featherbed Lane and a design to re-pave Short Quay which it was hoped would commence this year.

The manager said she hoped the continued use of the space between Long Quay and Pier Road as a car park could be secured. Overall, she remarked that Kinsale was 'sparkling' and never looked so well, adding this was also a tribute to the council, Tidy Towns, businesses and the local community.



*It might be a bit early to be thinking of Christmas but when you go looking for your Christmas Pudding this year look no further than Beechwood Farm's award-winning Christmas Pudding! Siobhan O'Regan's delicious Pudding won 1st Prize in the Irish Examiner's Christmas Pudding competition last December. Beechwood Farm's produce can be purchased at the Kinsale Farmers' Market every Wednesday and at other local outlets.*

## Cork Dragon launched cost-saving carpooling app in Kinsale

Kinsale's very own Dragons' Den star, Sean O'Sullivan, hosted a launch night of the new Avego mobile app in Kinsale, on Tuesday 30th April last. Avego's carpooling app is designed to make car travel cheaper, reduce emissions and increase the quality of the commute experience by bringing together drivers and passengers to share journeys. Technology pioneer O'Sullivan is credited with two of the biggest trends in computing, the introduction of street mapping on computers and as co-creator of cloud computing. Now, Avego has introduced another major innovation to the world, this time in the way we travel. "Kinsale has a rich history of influence on the world, from the pivotal battle between the English and the Spanish in 1601 to the launch of the 'Transition Town' environmental movement in 2006. Avego's first active ridesharing community in Ireland is also emerging from Kinsale. With Avego's long association with Kinsale, we are particularly proud to establish our pilot in this corner of Ireland", said O'Sullivan. Avego has been in development for four years and the app enables Kinsale commuters to save thousands of euro each year in petrol and car costs, by finding and co-ordinating drivers and riders from Kinsale and surrounding regions to share their commute to work and back. Founded in 2007, Avego is a global provider of software for improving the efficiency of passenger



transportation. The company is a world leading company in efficient mobility, adding cars and vans to the public transport network. Avego is a multinational company with offices in the United States (Washington, Silicon Valley and San Diego) and Ireland (Cork and Dublin). Avego's customers include cities, governments, public transport operators and thousands of individual consumers and private transport operators. Photo shows Sean O'Sullivan with outgoing Kinsale Mayor Billy Lynch. Photo: John Allen.



The Altrusa Club of Kinsale & District celebrated their 21st birthday with a dinner at The Man Friday. Three current founding members were present: Arabella O'Keeffe, Mary O'Keeffe and Cora Roche.

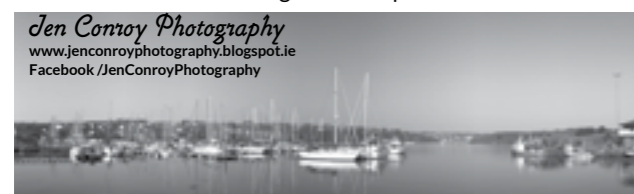
After a welcome to all was made by President Cora Roche, a thank you presentation was made to Cora by Sylvia O'Farrell. Over the past 21 years Cora has worked very hard to keep the Altrusa club active in the community, serving many times as President but also representing Altrusa on various community committees particularly the Day Care Centre at the Kinsale Hospital.

A toast to the Altrusa Club was given by Carolyn MacKay, a past-President. Glasses were raised in memory of absent friends and to the spirit of the club that binds the members with a common interest in supporting our community, social activities and shared friendships.

## When it's August Bank Holiday It's Kinsale Regatta!

The annual Kinsale Regatta kicked off on Tuesday July 30th with the popular Open Boules Competition at the Town Park. This was just the first event in an action packed programme which includes fun events such as the Boggers & Townies Soccer Challenge, Zap Cats demonstrations, live music, face painting, Landlubbers Boat Race and the return of the favourite Greasy Pole competition during the Water Carnival! Highlights of the Regatta, which is one of the oldest events in the country, include the Belgooly AC Regatta Road Race, the Ocean Yacht Race to Black Tom, the Round Sandycove Island swimming race, Children's Canoe/Kayak Races and the Kinsale & Dock Yawl Rowing Race. Pick up a programme for full details of what's happening daily, the information office for the Kinsale Regatta is located at Victoria Murphy's office on the Short Quay. The Regatta will be officially launched by Olympian John Twomey on Friday 2nd August at 9pm.

The Regatta committee would like to thank all the sponsors and contributors for making the event possible.



Jen Conroy Photography  
www.jenconroyphotography.blogspot.ie  
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(L-R) Michael Murphy (store manager), Cllr Billy Lynch (Mayor Of Kinsale), Cyril Draper (chairman Bandon co-op) and Cork Dual GAA star Eoin Cadogan at the official opening of the €1m euro expansion of Bandon Co-Op's Kinsale Retail Park. Pic: Provision



## Kinsale GAA has had a very busy few months both on and off the pitch.

The club was very honoured to see so many of our players donning the Cork jersey lately and coming away with silverware! Georgia Gould and Sadhbh O Leary were on the Cork U14 team that won the All Ireland V Kildare 3-15 to 1-6. Georgia was super all year as the Cork goal keeper and Sadhbh clocked up many points in the forwards.

Joan Tyner played with the Cork Minors who won the Munster final V Kerry in a cracking game. They were unfortunately defeated by Galway in the All Ireland semi final V Galway.

Orla Finn won the League final with the Cork Seniors defeating Mayo where she scored 3 fine points. She then went onto win the U21 All Ireland final V Galway in a very close contest. Cork emerged victorious in the end by 2 points. Orla scored 6 points in this game both from frees and from play. It was for this fine performance that Orla won the Echo Sports Star of the month for June. She was presented with her prize in the Rochestown Park recently. We wish Orla all the best in the Senior Championship over the summer.

Richard O'Sullivan and Niall McCarthy were both part of the team that beat Waterford in the Junior Munster final recently 1-18 to 0-9. Paul McCarthy is manager of the team and we wish them the best of luck in the All Ireland semi final. It is great also that Seamus McCarthy was appointed a selector on the Irish Compromise Rules team. We wish him the best of luck for the autumn series against the Aussies!

Our underage section of the club is thriving this season. The U14 hurlers are through to the East League final V Carrig na bhFear on August 1st. They've played brilliantly in their qualifying matches especially in their semi final V Ballinora where they won 5-8 to 2-2.

The Minor hurlers also had a great win recently V St. Catherine's in the Championship. The U13 hurlers are also through to a semi final. It's great to see such talent coming through from underage in hurling which will bear fruit for years to come!

The U14 girls recently won the West Cork Championship final V Clonakilty 8-10 to 4-12. The U21 Ladies are through to the County final having beaten Bride Rovers in the semi final by one point. The U12s are also doing very well in the League.

The club recently launched its new website which can be found at [www.kinsalegaa.com](http://www.kinsalegaa.com). It will keep you updated on all fixtures and events. We would like to thank the Carlton, Supervalu, Denis O'Sullivan Engineers, the Bulman and

Kinsale Dental Health Centre for sponsoring the new website. You can now also play the GAA lotto online. The lotto jackpot has been won 3 times in the past two months by the O'Sullivans in Cappagh, Tom the 'Veg' and Dermot Collins. The lotto helps with the day to day running of the club and we would appreciate your support. You too could also be very lucky!

The club held its annual Golf Classic in June. We would like to thank everyone who sponsored tee boxes and also those people who entered teams. It was Eugene O'Callaghan's team who won on the day in a very sunny Farrangalway. The club will also be holding another exciting event on August 31st for the first time. Kinsale GAA Football 7s will take place in the GAA grounds. The cost per person is €20, teams of 10 which includes a BBQ lunch. It is open to both men's and women's teams. We are delighted to have Kitty O'Se's on board who are kindly sponsoring the event. For more information you can contact Conor 086 409 5570.

The Club was delighted for the Carlton to come on board as our main sponsors this year. They made a jersey presentation to the Intermediates in April. The Junior Ladies also received new jerseys after winning an online competition with KC Sports. We would like to thank everyone who helped with this competition. The club is continually fundraising for its new pitch development in Dunderrow which will be open shortly. In September we will be launching a new draw where there will be €10,000 worth of cash prizes for less than €2 a week. For more information you can check out the website or ask club officers. The GAA



Kinsale U14 hurling team who will contest the 14c east final on Aug 1st pictured with mentors Laurence Murphy and Conor Lane.



Kinsale U13 Hurling Championship team which recently defeated Mayfield.



Kinsale won u14A West Cork League on Wednesday 26th June in Clonakilty. Kinsale 8-10 Clon 4-12. Well done girls!

Cúl Camp will take place this year from Aug. 12th-16th. You can register now online or forms are available in Maurice Murphys.

If you are new to Kinsale and would like to start playing with the club, the underage boys train every Sunday morning 11am to 12pm. The girls will resume their training on Mondays in September from 4.30pm to 5.30pm. You can also check out the website, find us on facebook and twitter or contact Catherine 087 216 8734.

The entire **Kinsale RFC U13s** squad travelled to London for four days this Easter to play London Irish and Henley RFC. A marvellous time was had both on and off the pitch. The players relished their new experiences, including their first ever match played in the snow. The on pitch fun was capped off with a fine victory against a very good London Irish side. Off the pitch the touring party visited the many sights London has to offer and took in the London Irish v Worcester Warriors premier league match. The first foreign trip for this team was a major success and the players all had a fantastic time proving once again that touring is an integral part of any rugby club.



### Kinsale RFC U17s Tour to Paris

Twenty one players, coaches and Dads met in Cork Airport early on Good Friday morning for the trip to Paris.

Chantilly Chateau was the first stop on the tour, the lads enjoyed the magnificent architecture and quickly began a game of touch rugby to warm up for the evening's fixture.

Crepy Rugby was located on the outskirts of the town and the whole touring party were welcomed warmly by the President and club members.

The Kinsale lads settled quickly even though the temperature was minus 2 and we were playing under lights.

Kinsale were well ahead in all aspects of the game and were excellent in the set pieces and showed great determination and skill at the breakdown.

The local crowd were very loud in the beginning but as the second half was in full flow there were silenced by Kinsale who had three tries to nil.

The game was played in 20 minute sections and the final 20 had Kinsale Forwards playing with Crepy backs and vice versa.

Once the lads were showered our French hosts couldn't do enough for all present.

Starters of Terrine and Paté followed by Casoulet (duck and duck sausage in beans, a huge Cheese board and desserts).

The French families put everyone up for the night and dropped us all to the train in the morning.

Off to Paris and the lads all enjoyed a sightseeing tour of the city. The tour court was held under the Eiffel Tower followed by a gourmet lunch in a lovely restaurant, and after off to Stade de France for the night fixture of Toulouse and Racing Metro.

The lads kept singing the Fields of Athenry when the other supporters were quiet and won smiles of approval from all. The sing song continued in the Metro afterwards and everyone enjoyed the rugby fraternity of the occasion.

A 6.30 am start and off to Charles de Gaulle to catch the flight home.

All home safe and sound, much praise must go to Conor Cullen for organising this terrific tour.



### Second Green Flag for S.N. Chóbh Chionn tSáile

Summercove N.S. are delighted to announce that they have been awarded their second Green Flag for energy awareness by An Taisce at a ceremony in Silversprings recently.



### Junior Infants Handwriting Winners at Summercove

Meera Vithaldas, Sophie Pearson and James Brugger achieved first, second and third place in a handwriting competition organised by the INTO and EBS. They were invited to a prize giving ceremony in Rochestown Park with their parents and teacher, Mrs Brunicardi. It is a very special achievement to win this competition but it is an extraordinary achievement for three children from one school to succeed. Maith sibh!



### US retailers vote Wild Goose Kinsale best craft company

Kinsale-based gift company Wild Goose Studio has been voted Best Craft Company of 2012 by US retailers.

The prestigious award from the North American Celtic Trade Association was made by the Lord Mayor of Dublin Naoise Ó Muirí earlier this year at a special event during Ireland's premier trade fair, Showcase.

The award, which is voted by over 200 Irish-American retailers in the USA & Canada, is made in recognition of 'Superior Product Development and Customer Service to the North American Market'.

Managing Director Jamie McCarthy-Fisher said: 'We are delighted with this award, particularly as it comes from our customers. It is great recognition for all the hard work everyone puts in here at the Studio.'

The Wild Goose Studio has been making gifts in Kinsale since 1970 and has been active in North America since 1980. At the award ceremony, the Lord Mayor, who was wearing his solid gold chain of office which dates from 1698, acknowledged the importance of the North American market to Irish companies and hoped it would continue to grow in the coming years.



Picture shows Wild Goose Studio Managing Director receiving Best Craft Company Award from Lord Mayor of Dublin, Naoise Ó Muirí

## BELGOOLY National School



Members of Belgooly N.S. Sciath Na Scol team with the new Gradam Gaisce Scoile flag which was awarded to the school in recognition of GAA in the school.



The Belgooly N.S. Sciath Na Scol hurling team before their finals in Pairc Ui Chaoimh. They were lucky to be trained by Lorcan Mc-Cloughlin before the finals. The children of Belgooly were also very lucky to be trained throughout the year by Darren McCarthy, Cork sub hurling keeper.



Pictured are girls from Belgooly N.S. 6th class presenting a cheque to Grainne Keogh on behalf of the Hope Foundation. Sixth class organised a fun day at the school, along with a sponsored walk and a non uniform day. They raised a magnificent €2,900. The proceeds will go to Build4life (Cystic Fibrosis), Marymount Hospice, the Hope Foundation, Belarus and school requisites! Well done to all involved.



Congratulations to Kerri Murphy and Sarah Cotter of Scoil Mhuire Na nGrast, Belgooly, who came first in the National Scratch finals in Tallaght IT on Saturday. Scratch is a visual programming language that allows children to create interactive stories, animations and games. It is computer programming at its best! With over 700 entries from 22 counties, the girls came first in the Junior Animation category. Their project entitled 'Cinderella story' was chosen as the winner because of its creativity and computer science. Well done to the girls!

## OBITUARY – Gerry Galvin, a Kinsale Legend

It is some months now since Gerry Galvin died and almost 30 years since he moved from Kinsale to his new home in Moycullen in County Galway where he and his wife Marie opened their Drimcong House restaurant. Just as was the case with the Vintage, Drimcong went on to win many awards and plaudits and Gerry himself won the Irish chef of the Year award on many occasions. There are many in Kinsale who will remember him well and others who will have heard his name mentioned in passing. But whether they knew him on a personal basis or just by reputation they will know that he was one of the most creative and inventive Chefs that Ireland ever produced as well as being an accomplished writer and poet and also a thoroughly nice, gentle and kindly person to all that crossed his path.

Gerry and Marie were very close friends of Anne and I over a span of some 50 years and I feel privileged to have been asked to write some words about him in today's Kinsale Newsletter. I met Gerry first at the outset of our careers as fellow students in Shannon Hotel School. In later years we worked together in England and then coincidentally arrived in Kinsale in the same week of 1972; he to manage the Trident Hotel and myself as manager of Actons. Those were exciting days in Kinsale – pioneer days really. Peter Barry, Hedli McNiece and Gino Gaio had already blazed a trail for others to follow with their Man Friday, Spinnaker and Gino's restaurants and a few of us newcomers joined them by opening our own restaurants and consolidating Kinsale's growing reputation as the Gourmet Capitol of Ireland. Those of us in the Hotel and Restaurant trade were

joined by others in other businesses and walks of life, some Kinsale born and others who came to make their home here, but all of whom recognised the potential and importance of tourism to the town and formed the voluntary Kinsale Community Promotions which later became the Kinsale Chamber of Tourism, funded by local businesses with another Kinsale legend Mrs Peggy Green at the helm. The Wild Geese weekends of the mid seventies helped to fill most hotel and guesthouse beds during the "shoulder season" months of April and May while the Gourmet Festival did likewise in October. The Galvins played a vital role in both organisations making Kinsale the Jewel in the Crown of Ireland's Tourism industry. In 1974 Gerry and Marie started the first 'Vintage' in what had been O'Sullivan's Restaurant/Cafe in Main Street and a year later moved across the road to where they soon established what was to become one of Ireland's most well known and best-loved restaurants.

Gerry had a unique way of using simple, fresh and just as important, local products with stunning effect. He featured dishes such as Clonakilty Black Puddings, combining them with apple compote, onion and apple sauce and even west Cork Oysters. Those of us who were fortunate enough to sample his cuisine fondly remember dishes such as grilled skewered Scallops wrapped in bacon, and coated with breadcrumbs, rosemary and olive oil; baked fish gateaux, sweetbreads with mushrooms and sumptuous vegetable dishes such as Turnip Bake, Stir-fried Cabbage with mushroom, onion and bacon and Potato and Vegetable Cake to name just a few. Gerry and Marie operated their restaurant

only at night-time and closed for the winter months with the result that their growing family of Cristina, John and Jenny saw much of their Mum and Dad and enabled them to forge many personal friendships despite the demands of their busy restaurant enterprise.

Gerry produced his first cookery book "The Drimcong Food Affair" some years later, followed by his "Everyday Gourmet", both of which revealed many of his dishes and his whole philosophy of food. To quote him from one of his books - "I want to spare would-be cooks the annoyance of having to seek out exotic ingredients and to invest time and thought in preparing sensible, happy meals".

His book of unique poetry "No Recipe", based on his life experiences was launched in Galway by now President Michael D O'Higgins in 2010 followed shortly by his first published novel "Killer a la Carte" – a thriller which tells the tale of a Food Critic – one James Livingstone Gall- who was also a serial killer. In real life Gerry himself had a sometimes critical view of "Food Critics".

In the aftermath of the Drimcong House experience Gerry and Marie created a lovely home just outside nearby Oughtterard and lived happily and contentedly while enjoying the company of family and friends as well as finding time to write food related articles for magazines and newspapers and devoting time to his beloved books and poetry. We shall not see his like again.

Codladh samh Gerry.  
Brian Cronin



## CROWLEY CLAN GATHERING LAUNCH

CALLING all Crowleys! The clan is coming together, most appropriately in 2013 Gathering Year, in Kinsale from September 13th to 15th and has put together an impressive line-up of events set to attract Crowleys and their friends from near and far.

Details were outlined at an enjoyable launch in clan taioseach Jerry Crowley's Crossmahon Bar near Bandon recently by PRO Liam Crowley.

The Crowleys, said Liam were a branch of the McDermotts from Connacht whose bravery in the Battle of Clontarf in 1014, according to The Annals, was seen by the High King of Ireland, Brian Boru himself. He was so impressed by one that he gave him the name 'O Chruadhlaoch' meaning 'Hardy Warrior'.

The O'Crowleys, Liam continued, were noted for their fighting skills, mainly as mercenary soldiers on the side of clans along the west of Ireland and by the mid 1400s settled and became well established in West Cork. The ancestral castle and tower at Ahakeera, four miles north of Dunmanway is believed to date from the 16th century.

All changed at the Battle of Kinsale in 1601, which effectively heralded the end of gaelic Ireland and Lord President

George Carew ordered that every O'Crowley be killed. As a result, the clan disintegrated and following subsequent uprisings against the English, penal laws and plantations, many fled to continental Europe and the Americas.

'We can be very proud of our origins and what we stand for', said Liam Crowley who pointed out that the first clan gathering took place at Kilbrittain Castle and the Pink Elephant in 1967. It was held every year, then faded for a time but thanks to Tom Crowley in the USA and others in the Crowley Clan Council, was revived in the late 'eighties and held every three years since at different places with great success. The previous clan gathering in Kinsale in 2010 was attended by over 200.

Looking ahead to the 2013 gathering, Liam said 'We need to get the information out there and would particularly like as many Cork and Irish Crowleys to come to Kinsale in September, bring along their family trees and re-connect with fellow clan members from overseas. We are also planning to stage a special event in 2014 to mark the 1000th anniversary of the Battle of Clontarf'.

County Cllr Kevin Murphy added his best wishes and assured everyone of



a warm welcome to his native Kinsale stressing it was so important in the year of The Gathering to bring visitors to Ireland and boost tourism and the economy. Indeed, said Jerry Crowley, the Trident Hotel and other venues were already booked out for the weekend in mid September.

Cllr Murphy pointed out that Crowleys continued to reside in and around the battlefield of Kinsale while the late Representative Paul Crowley was a major driving force in the twinning of Kinsale with Newport, Rhode Island, USA. A notable member of the clan today is Bandon based MEP Brian Crowley.

## Dunderrow N.S. receives Active School Flag

Dunderrow N.S. was awarded "The Active School Flag" on 14th June in recognition of their efforts to provide equal opportunities for all children in sporting activities in school. A range of activities, from competitive to co-operative, both team and individual, were planned throughout the school year for all classes. A jam packed and varied Active School Week was held in May and was thoroughly enjoyed by all. This achievement is due to a whole school effort and credit should go to Staff, Children, Parents and the Active School Committee. It has been a year of great sporting success for the school with receipt of the "Gradam Gaisce Flag" for promotion of Gaelic Games and renewal of the "Health Promoting School Flag".

"The Active School Flag" was raised at a celebration on Friday June 21st by Darragh Hurley. A past pupil of Dunderrow N.S.

who has 46 caps for the Munster Rugby team. The importance of being active for life has been emphasised all year, and Darragh encouraged the children to find something you love, any sport or activity and to just Get Active!

The school also received the award of Science and Maths Excellence form 2012-2013 from Discover Primary Science and Maths. Well done to all.



## OBITUARY – Canice O'Connell, January 6th 2013

Canice O'Connell, born on October 12th 1952, was a Scilly man who moved to Barrack Street as a young lad. Later in life he lived in Presentation Terrace.

He attended the old St. John's School, run at the time by the Presentation Brothers and then started his working life in the pub trade. He worked for the O'Brien family with E&T Builders as a labourer prior to being appointed to the local Town Council as a general operative in 1985. He was described as a horse of a worker and became full-time. He loved his job and took great pride in making sure Kinsale looked its best, many times going above and beyond the call of duty. He was part of the team who won the Tidy Towns competition in 1986, a very proud moment for all involved. He had great respect for all his work colleagues.

Canice was a great darts player, playing for many local pubs over years and winning many medals and trophies. He is remembered for his large feathered darts.

He had a great love for Manchester United, Munster Rugby, Cork Hurling and Football, wearing the jersey to match the sporting occasion every Saturday and Sunday.

He loved his dog Laddie, he was proud of the fact that he adopted Laddie but we often joked and said Laddie adopted Canice! He walked him hail, rain or shine two or three times daily.

Canice was a man of old stock, he was always around, would do anything for anyone and was very good to the elderly. He was an icon and was described as a legend in his own right.

He celebrated his 60th birthday in October with family & friends.

On January 6th at 6pm a shockwave hit the town with the news breaking that Canice died unexpectedly, leaving a haze of gloom over Kinsale and his family and many friends devastated.

There was a huge turnout at the removal from Gabriel & O'Donovan's Funeral Home in the Glen and an overflow congregation at the Requiem Mass in the Carmelite Friary Church. It was a lovely service with beautiful singing and music. Mass was celebrated by Canon J.K. O'Mahony assisted by Fr. Marius Placek.

A family friend made an eloquent tribute to Canice touching on many parts of his life including some humorous moments. After Mass his coffin was carried by family, friends, members and staff of the Town Council from the Church to the Long Quay prior to burial at St. Eltin's Cemetery. He was laid to rest with his mam and dad.

After there was a packed house at the Spaniard bar where a reception was held by his family with many stories of Canice being told.

He was described as a man with the big smile and bigger heart.

He is survived by his brothers Fonsy and Donal, sisters Breda and Marie, nephews, nieces, relatives and many friends.

May he Rest in Peace.



## K-CoRD LAUNCHED IN KINSALE

At a recent public information evening by K-CoRD, (Kinsale Community Response to Dementia) a strong appeal was made for members of the public, those affected by dementia and their carers as well as health care professionals from the catchment area to register with the network.

'It's all about persons with dementia being able to remain, where possible, at home and active in their communities,' said project leader Dr Tony Foley who pointed out that Kinsale was one of four towns in Ireland chosen to pursue this thanks to support from Atlantic Philanthropies and the HSE through the charity Genio.

Dementia, he stated, was an umbrella of symptoms relating to memory, personality, behaviour and communication, of which Alzheimer's was the most common. 'One in three people over 65 will develop dementia. 41,000 were diagnosed with it in Ireland 2012 and the figure is likely to be 140,000 by 2041.'

Individualised supports were needed because the challenges were different for everyone. In that regard, working groups had been set up to address key priorities: 1) supporting persons with dementia and their carers; 2) creating educational opportunities; 3) developing assistive technologies and 4) fostering a dementia friendly community.

Serving a catchment area of around 25,000 people, K-CoRD, said Dr Foley, had around €200,000 per annum funding for a monitored three year programme, which by 2016, he stressed, must continue to be cost effective choice, offer a good quality of life and be sustainable.

He spoke enthusiastically about the education and training working group which already had a workshops for volunteers and links with the community school, hospitals, Haven Bay and Cramer's Court care homes and Kinsale College of Further Education (CFE) the latter of which has Ireland's first dementia specific module course approved by City and Guilds, London.

'We still need ideas and new energy. We need to expand our voluntary network, find out who needs help and form a register of interested people. Public support can change the lives of people with dementia and even one hour a week could make such a difference,' said Dr Lane who added that K-CoRD's project manager is Liz Creed at its office based in Apartment 24, Haven Bay Village, Kinsale, Tel 021-4709700, e mail: info@kcord.ie

Occupational therapist Deirdre Cullen emphasized the importance of early diagnosis of and engagement with people who have dementia. Such persons had a right to know but also a right to continue participating fully in the community and be treated with dignity and respect.

K-CoRD fully endorsed the Genio principle of providing



Photo by John Allen

person centred care and she spoke about the need to be innovative and flexible such as trying to match carers and persons with dementia who would have similar interests.

Carer Ann Twomey, spoke about 'assistive technology', a term used to describe devices in the home, etc. which enable a person to perform a task he or she would otherwise be unable to do. The working group aimed, without pressure, but through a balanced approach, to make a person with dementia more self reliant, independent, confident and also benefit the carer.

Dr Micheal Hynes said there was already great community support, most notably through Healthy Options Projects, Positive Ageing Week and Bealtaine. He referred to the K-CoRD café, a carers' solidarity group, buddy walking and initiatives through the local arts, sports bodies and tourism/hospitality sectors. 'Let us work together to create a dementia friendly community in Kinsale,' he added.

A question and answer forum in which Cllr Noel Harrington called for more hours and funding for home carers who do so much good work and save the HSE millions of euro by freeing up hospital beds.

K-CoRD management committee comprises Ann Twomey, Cariosa Lynch, community worker PCT; Deirdre Cullen, PCT; Ann Mulcahy, accountant; Dr Eleanor Mullen, psychiatrist for the elderly; Liz Creed and Drs Foley and Hynes. The consortium comprises Mary Sammon, PHN, Doreen Lynch, Mercy University Hospital; Maura Reilly, Kinsale CFE; Diarmuid O'Shea, solicitor; Cora Roche, Kinsale Day Care Centre; Deirdre Mullins, Positive Ageing Week and John Barrett, Nimbus Centre, CIT. A K-CoRD website is being produced. In addition to the above mentioned, K-CoRD also works with the local hospital, UCC, the Alzheimer's Society and Kinsale Active Retired Association (KARA) and there was a tribute at the meeting to the late Oliver Lynch who spearheaded that organisation.



Saoirse Griffin, Solo Singer, 6th Class Summercove N.S., was crowned Cork County Champion in the Scór na bPáistí County Final in Ovens recently representing the Carrigdhoun division, whilst the Set Dancers from Summercove N.S. secured the runners up prize. The Set Dancers were Susan Timmons, Niamh Cronin, Jennifer Murphy, Jennifer McCarthy, Cathy Hynes, Saoirse Griffin, Rachel Daly and Sadhbh O'Brien. Congrats and well done to all involved!!

### Ellie-Mai's Charity Fundraiser

Ellie-Mai Johnson is 9yrs old & a fourth class pupil at Gaelscoil Chionn tSaile. Ellie-Mai started ceramics classes in Kinsale with Liz Burgess in September 2011 as she has a passion for art & has handmade some beautiful pieces. At the indoor Christmas market in The Blue Haven on December 6th Ellie-Mai took a stall and hosted a charity sale of her ceramics & some framed felts. The amazing amount of €300 was raised on the night & Ellie-Mai kindly donated this to the Cork Simon Community. Well done Ellie-Mai, your generosity & kind nature is truly inspiring.

## NEWS FROM SAILE

### GOLF CLASSIC 2013

Our fifth annual golf classic fundraiser was held at the Old Head Golf Links on Thursday 2nd May. Perfect golfing weather prevailed on the day for the 27 teams that teed off. The Sáile Perpetual Trophy, a beautiful Kinsale Crystal trophy, was launched by Virgil Horgan. Competition was tough on the day and final results were determined by the last card in! Congratulations to our winners; Phil Devitt, Simon O'Leary, Jim Aherne.

Thank you to our Prize Donors: Old Head Golf Links, Fota Island Golf Club, Castlemartyr Resort, and Blue Haven Collection. Thanks also to our Tee Box sponsors, Buttrum & Associates, Bank of Ireland Kinsale, Denis O'Sullivan & Associates Consulting Engineers, Fishy Fishy Restaurant, Kinsale Dental Health Centre, Kevin Murphy, MCC, Pier House Guesthouse, Munster Drain, and The White House.

### SUN SHINES ON SCRAP METAL FUNDRAISER

Once again we joined forces with Kinsale Macra Na Feirme and held another Scrap Metal Fundraiser Collection on 12th/13th July. Many thanks to everyone who contributed to and helped make our fundraiser a great success. In particular we would like to thank Kinsale Macra na Feirme and Sáile volunteers who worked tirelessly over the two days in sweltering temperatures raising €1,665 towards the building of our new community centre.

For more information log on to [www.sailesportsandleisure.ie](http://www.sailesportsandleisure.ie) or follow us on Facebook

### THE KINSALE APP

Since its launch in December 2012 the Kinsale App has proved very popular with businesses, locals and tourists alike with over



a 1,410 downloads to date and counting! Sáile, the community group behind the Kinsale App, are delighted with local response so far and acknowledged that it would not have been possible without the support of the West Cork Development Partnership, Coder Dojo, community volunteers and of course the support of local businesses which has raised €8,000 from the listing fees so far.



Kinsale's first official Tweetup took place Tuesday March 12th organised by the Kinsale App and has continued to be hosted by different local businesses every month. A tweetup is a physical meet up of people who regularly use the social media tool Twitter. The next Tweet up is being held in The Oysterhaven Centre on August 14th.

The Kinsale App is part of Sáile's on-going fundraising campaign and all funds generated from the listing fee will go toward helping build a much needed indoor Sports and Community Centre. The Kinsale App supports both Kinsale and the surrounding areas and costs €100 to list your business for the year.

Check out [www.kinsaleapp.com](http://www.kinsaleapp.com) for more information or download it free from iPhone App Store or Google Play.



The Kinsale Pink Ribbon Walk Committee is delighted to announce that this week it presented a cheque for €103,304 to Action Breast Cancer, a programme of the Irish Cancer Society.

THANK YOU for participating, volunteering, donating and supporting the Kinsale Pink Ribbon Walk in March. It was a fantastic community effort and raised great awareness for Action Breast Cancer as well as encouraging many of us to walk and run as a group.

This phenomenal amount will go towards a number of vital research projects and support services to include the ICS National Cancer Helpline (1800 200700) available to anyone requiring information or advice on all forms of cancer.

See [www.pinkribbonwalk.ie](http://www.pinkribbonwalk.ie) for more information about Pink Ribbon Walks and the important work of Action Breast Cancer.



## First youth health worker for Kinsale area appointed

KINSALE and district's first youth health worker, Tom Walsh, was formally announced by Minister of State for Mental Health, Kathleen Lynch TD on behalf of Kinsale Youth Support Services (KYSS) at a well attended function in the Carlton Hotel in May.

The 51 year old from Crosshaven, who is married with two teenage daughters and has a background in youth work in alcohol and drug intervention, said he was 'hugely excited' on his appointment, the first of its kind in West Cork. He was hugely impressed by the community spirit in Kinsale and surrounding parishes where he will work and stressed he was 'a real person,' young people experiencing difficulty or concerned family members or friends could phone (085-8725789) and meet.

Minister Lynch, along with all other speakers, paid tribute to KYSS for its outstanding achievement since its establishment in 2010, especially the infectious enthusiasm, energy and determination of its founding chairman James O'Mahony and his committee who were actually doing something for the well being of youth and their families. She also praised the Health Service Executive (HSE) for its financial backing of KYSS and the new post.

Congratulating KYSS, Minister Lynch said: 'the policy is national but the solution is local and stressing the importance of everyone working in partnership, assured Tom Walsh that he wasn't alone but had the full support of the HSE, the Government, KYSS and an entire community wishing him well.'

Mariel Twomey gave an outline of the work to date of KYSS serving a catchment area of 10,000 people which, following extensive consultation, had included an awareness day and the launch of a website and the booklet *Mise (My Life)* which addresses the stigma of mental health, drug and alcohol addiction. More recently 'Minding Young People's Mental Health'

talks were held and following a competition, wrist bands distributed with the slogan 'Take Care, Help is There'. KYSS was also on Facebook and there was fantastic support from Riverstick Foroige Club, with its Reliant Robin/KYSS car and poster display, plus many other organizations and local individuals. The KYSS model, she added, was replicated in areas over Ireland.

Fellow KYSS member Dr Tony Foley said a youth health worker for the Kinsale area was sorely needed. The My World National Youth Survey conducted by the Headstrong and the Dept of Psychology at UCD in 2012 revealed that mental health difficulties emerged in early adolescence and peaked in mid teenage years and it was here that intervention was needed to address the risk factors of alcohol, drugs, anxiety and depression.

Dr Foley went on to thank the committee, Eli Lilly, Southern Regional Task Force and Cariosa Lynch, Karen Mullane and Gretta Crowley of the HSE.

Gretta Crowley on behalf of the HSE, said was struck by the common unity of purpose in Kinsale born out of listening to young people and congratulated all concerned. It was really important for people to take personal responsibility for mental health and KYSS was a model of excellence at local level through people working together at a time when services are constrained by the current economic position and added that the HSE had a responsibility to support such a body to find effective solutions.

Chaplain to over 800 students at Kinsale Community School (KCS) Honor O'Brien, in the course of an eloquent description of her role based on the core message 'help is there', said it was a very important occasion, and acknowledged the great support provided by KYSS, of which she is a member, for young people in need. She said she looked forward to working with Tom Walsh.

Fifth year KCS pupil and Riverstick Foroige member, Amy Morgan said having



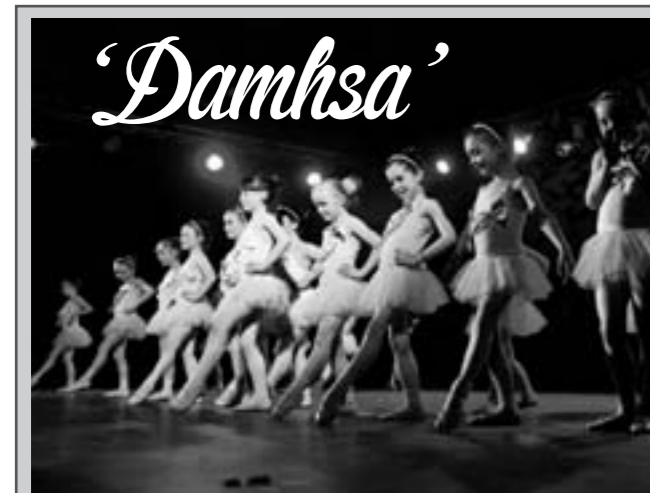
KYSS and a youth health worker was very reassuring and had this message 'it's okay to have a bad day and very important to talk'.

KYSS chairperson James O'Mahony thanked Tom Reilly and the Red Cross for making its premises at Church Square available for Tom Walsh free of charge, Bandon Garda Youth Project, Bandon Community Drugs Initiative, the HSE, committee members, fund raisers, the young people, Carlton Hotel and Minister Lynch.

'We alone can't do it but working together we can do so much,' said James who specially thanked the people of Kinsale and district in assisting the work of KYSS of prevention and intervention for youth at risk.

Alice de la Cour was an excellent MC and guests included past and present members of the Munster rugby squad, Mayor of Kinsale Billy Lynch, Cllrs Fred Treacy, Noel Harrington, Tony Cierans and Alan Clayton and county Cllr Veronica Neville plus representatives of a wide range of statutory and voluntary organizations and professionals, schools and most importantly, young people.

\* To find out more about its free and confidential services log on to [www.kyss.ie](http://www.kyss.ie) or phone 021-4774772.



The Lucy French School of Dance presented a full length dance show from May 23rd to 25th at the Riverstick Community Centre.

'Damhsa' was a variety dance show with Ballet, Hip Hop, Jazz, Contemporary and Irish Dance pieces and showcasing the school's nearly 300 pupils showing off their talents.

The show was a huge success, selling out to packed audiences every night, the hall was transformed into a theatre with a big stage and professional sound and lighting.

Lucy is so proud of all her pupils who worked so hard and put on a fantastic show, this was the 5th year of the school and we are looking forward to many more years to come!

To enroll for September please call 021 477 3553 / 087 952 1463 or see [www.lucyfrenchschoolofdance.com](http://www.lucyfrenchschoolofdance.com) for further details.

## Roots Trip to China

On the 22nd of March my Mum, my sisters and I went on a two week trip to China during the Easter holidays. We were one of 13 families making a roots trip. My sister and I were adopted as babies from Hunan province in China. I was so excited heading off. Even though this was to be my second trip back since my adoption, to me it was like the first. I don't remember the last time as I had just turned 3.

We flew from Cork to London to Shanghai. When we arrived in Shanghai 24 hours later our guide Linn picked us up and brought us to our hotel.

On Sunday 24th at 8 in the morning, our guides Linn and Kevin picked us up and brought us to the Science museum. It was huge and had 4 floors.

After that we went to the YuYuan gardens which gave us a glimpse of ancient China. There was a pond there that had huge gold fish the size of salmon! Finally we were brought to Nanjing road which is a really busy shopping street. The mums were delighted at first but then really disappointed to be told that they only had half an hour!

To finish the day we went to see an acrobatic show. It was really amazing but the funniest bit of all was that a lot of mums and dads fell asleep!

On Monday, most families were brought to the airport or train station to begin our journeys to the provinces where we were born. With one other family we flew to Changsha in Hunan. We checked in to the Dolton Hotel. We got really cool rooms. We were up graded to the executive floor due to a mistake in our booking. I found Hunan very different than Shanghai. While we were there we went to see a lot of famous sites. One day we went to Saoshan, Mao Ze Dong's home town. When we went to statue square where there was a big monument of Mao, we met a big group of other kids on their school tour. All of a sudden there were hundreds of school children surrounding us. I felt like a film star because all they wanted is to take photos of us. They were even practicing their English on us.

Another site we got to see in Hunan was Orange Island. There was a big stone head and shoulders of Mao at 17 years of age. Inside it will eventually be a museum.

My favourite part of our trip to China was going to visit Xinhua where I was born. En route there we stayed in a hotel in Loudi, which was about 1 1/2 hours away from Xinhua. A funny thing happened in the hotel. We needed another bed in our room and our guide told the house keeping staff. The next thing there was a knock at our door and the house keeper indicated that something was coming to the room. We presumed it was the bed. Instead we got a big shock as we were brought a fridge freezer instead! Mummy said we didn't need it and so they took it away.

Meadhbh and I are really lucky to be from the same orphanage. We got to meet the director that was there when



we lived there. She is now retired but came back to meet us. We met the new director also. We went shopping with the staff for the orphanage and it was really nice to see the children with such smiles on their faces playing with the bikes and push cars we bought for them. We travelled back to Loudi, tired but happy. Wait for it. What was in our room - the fridge-freezer!!

On Easter Sunday we flew to Chengdu, which is the capital of Sichuan and that night we went to see Sichuan opera and mask changing show. It was really spectacular seeing the mask changing. At one stage they threw masks into the crowd and Aoibhe and I were lucky to get one each. Mummy made sure Meadhbh wasn't left out and bought her one at the end of the show.

Let me tell you about some of the food in China. The food very much depends on the province you are in. In the province I came from there is a lot of chili used and therefore the food is very spicy. Hardly any lean meat is used. We saw plenty of fat and bones - Yuck! As in other provinces they serve the birds complete with heads and claws. One night in Changsha Aoibhe and one of the other girls on the trip ate ducks tongue and snake. One night there were little cooked turtles on offer. Double Yuck!! But we did have lovely food too. My favourite was the sweet and sour chicken and the kung pao chicken even though they were different than having them in Ireland.

The next morning it was a very early start. We left the hotel at about 5am to get our flight to Beijing. Once we got there we went to the Forbidden City. It was really nice there and it was a lovely sunny day. When we came back we went to Kung Fu show. That was a really good show. My brother Enda would have loved it. Mummy bought the DVD of the show to bring home to him. Between all the shows we went to, the acrobatic show in Shanghai, the Sichuan opera in Chengdu and the Kung fu show in Beijing I liked the Kung Fu show the best.

The next day went to visit the Great Wall of China. We got the cable car up. We had to walk for an hour or more before we reached the tobogganing area. The steps were very uneven. It was again a lovely sunny day and had a lot of up and down as we travelled across the Great Wall. Once we reached the tobogganing area I was so excited and could not wait to toboggan down the Great Wall. It was really great fun and I can't wait to do that again sometime. Later that evening we went on a rickshaw which was also very exciting. We visited the Hutong area of Beijing and had dinner there in a family home.

On our last day in China we went to the water cube in the Olympic Village. That was one of the highlight of the trip for me. Part of the water cube has a water amusement section. There was so many water slides and they were all really great fun. Let me back! After that we went to the restaurant for a pecking duck lunch.

Overall I think my experience to China was amazing. It was the best holiday I've had in my whole life. I can't wait to return and visit China in a few years time again. Next time I'll bring my dad and my brother Enda. Dad will be great for carrying the bags!!

Written by Aisling Hurley, age 11.

## TEMPERANCE HALL, KINSALE

The Temperance Hall, Kinsale's example of Victorian architecture, constructed in 1885 at the top of the pier where the waterfront meets the town, has in recent years enjoyed a renaissance. This is attributable to new administrative structures and an energetic determination to undertake necessary preservation and essential restoration work. Being owned by the community the finance required to undertake the repairs and run the building are raised through income generated from the use of the hall. Apart from capital expenditure, the day to day cost of heating, lighting, insurance and the extensive range of maintenance is a constant challenge and a major budgeting task for the committee.

New windows, gutters and shutters in traditional materials have been fitted. Major work was undertaken on the roof and the dangerous condition of the chimney made it necessary to have it replaced. A number of the windows and doors have been renewed all subject to stringent planning conditions. Fire alarms and emergency lighting have been installed to satisfy safety requirements. New chairs and display boards were purchased and the kitchen and toilet have been replaced. As part of upgrading facilities heating has been improved and extensive redecoration internally and externally has been undertaken.

The physical improvements have created

greater demand for the use of the hall which continues to be made available on the principal that it is a community facility which has been its purpose from the beginning. It is synonymous with fund raising for charity and good causes making the central location ideal for coffee mornings, bring and buy sales etc. Activities ranging from keep fit, tae kwon do, set dancing to drumming have found a home in the hall. Art and craft exhibitions take place regularly. It is also the venue for youth activities, active retirement groups, bowling, drama, lectures and talks. These are just a sample of the variety of activities that take place and the committee is most anxious to facilitate any group who wish to use the hall on a strictly non-commercial basis.

All this is organised and coordinated by the hall committee elected annually at the AGM which is open to the public. When established in 2005 the first task undertaken by the management group was to draw up a constitution whose initial objective was to vest the ownership of the hall in the community. Working unobtrusively and without publicity successive committees have concentrated on day to day operation and putting administrative structures in place to insure efficient use. While fees are kept at a minimum all users are asked to contribute a fixed rent. This is based on the principle of being fair to everybody and on the need for the hall to pay its way



particularly at a time of escalating charges for heating, lighting, insurance, on-going maintenance and finance to cover the costs incurred by the committee's effort to improve the facilities.

Currently the present committee have embarked on a project to improve the internal look of the hall with a grant application with West Cork Development Partnership which presents some problems because of the nature of the building and its 19th century character. The objective is to look to the future, extend possible uses, make the interior more comfortable and the building a welcome venue.

For further information contact any member of the committee who this year are Anne O'Connell (Chairperson), Sally Emerson (Secretary), Mary Evans (Treasurer) and committee Ellen O'Shea, Lwija Daly, Adam McCarthy, Michelle Jones, Dermot Collins and John Collins. For booking arrangements please telephone 477 3571.



Padraig Fitzgerald & Gerard Timmons of the Kinsale Peace Project, invited two former paramilitaries from Belfast as their guest speakers recently.

A major movie called 'Five Minutes of Heaven' portrayed one of the guest speakers, Alistair Little, a former member of the Ulster Volunteer Force, the role was played by Liam Neeson.

Alistair Little spent time in the infamous Long Kesh at the same time as former hunger striker Bobby Sands.

Alistair & Gerry gave a thought provoking insight into growing up in their different communities during the Troubles.

The Friary Centre was the venue for the talk, by kind permission of the Prior Fr. Frank McAleese.

During their 2 day trip, the first of its kind in the Republic, they also visited Kinsale Community School and spoke to students about the Troubles.

Kinsale Peace Project's next guest speakers in the autumn/winter, will be former Mountjoy Prison chief, John Lonergan, & travel writer Dervla Murphy.

Padraig Fitzgerald, Kinsale Peace Project, is pictured with Alistair Little, former member of the UVF, & Gerry Foster, former member of the INLA.

## OBITUARY – Denis Healy

The Lions Club in Kinsale was left reeling in October with the news of the unexpected death of their President, Denis Healy of Oysterhaven. Denis was 55 and leaves his wife, Chris and daughters, Denise and Karen.

A most popular Lion and true gentleman, Denis became President after only two year's membership. He participated in every project that the Lions Club undertook. If there was a Cycle Rally in aid of sick children, Denis would be there in the total organisation. If there was a trip for the residents of a care home, Denis would be along helping with any wheelchairs and ensuring comfort and enjoyment.

He soon became active with the national campaigns that the Irish Lions District advocates. He was instrumental recently in producing the first Lions Ideation Camp in the country.

This was a two- day course, held by Kinsale Lions in The Trident Hotel, for 108 transition year students from the Community School. It was about the formulation of commercial ideas and the ways in which to use any entrepreneurial skills after leaving education. The students loved it and considered it a most worthwhile exercise - which was exactly what Denis had intended.

He was always keen to expand care and consideration to all parts of the community and he did that by treating everyone he met with the utmost respect and friendliness. He also kept his innate sense of fun, always smiling.

A Cork businessman, Denis loved Kinsale and had determined to serve the community via the Lions Club. He took the principles seriously and always went about his leadership thoroughly and charmingly. He was an exemplary ambassador for Lions everywhere, and will be sorely missed.

Though bereft in grief, Kinsale Lions will carry on, of course, and Eamon Jackson now accepts the President's Chain of Office. Their motto is still "We Serve".



## Kinsale Access Sailing Class Kinsale Yacht Club

The Access sailing class runs a summer sailing programme for children and young adults with disabilities on Saturday mornings until September. Sailing is carried out under the guidance of instructors who are with the youngsters in the dinghies. Those who develop proficiency are encouraged to sail alone while they are accompanied by safety boats.

The class formed in 2009 and is looking forward to a great 2013 when K.Y.C. hosts the World Disabled Sailing Championships at the end of August.

Kevin Downing, the class captain, says any child or young adult with a physical or sensory disability is welcome to come and try their hand at sailing. There is no experience necessary and the boats are equipped to cater to the needs of all. There is no commitment necessary until a definite interest has developed so parents of younger children need not be wary of coming down to Kinsale to see how things go.



To see clips of our sailors in action go to Access Sailing Kinsale on YouTube. Meet us on Facebook.com/KYCAccess.sailing  
For further information email: [info@sailforce.ie](mailto:info@sailforce.ie)

## Evocative black and white images celebrate a silver anniversary

### IRELAND • Timeless Images by Giles Norman

A chance request to photograph a school project provided renowned photographer Giles Norman with his first opportunity to use a camera and, by 1981, he was creating his first portfolios. He developed a distinctive style, of black and white to deliver the essence of his subjects while travelling Ireland in search of images. To mark twenty-five years since the opening of his gallery in Cork, Giles presents over 150 of his most enduring images in this remarkable collection. From rugged headlands and windswept oceans to fragile flora and shadowed skies, these images capture the timeless splendour of Ireland.

Since the gallery opened in historic Kinsale thousands of visitors have witnessed Giles' special talent. Giles may have inherited his talent from his mother's family as her great-uncle was the Belgian painter, Henri de Braekeleer, one of Van Gogh's great influences, whose paintings still hang in the Royal Museum of Fine Arts in Brussels.

Giles' images of the Irish landscape that evoke a purity of vision, mostly stripped of manmade intrusion. Wider views of wild, remote places intermingle with small details of windows and moments in urban and rural life with little concession to the human form. Preferring to keep his pictures 'real', he shuns the special effects of modern photography. Skeletons of fishing boats, lonely roads, deserted ruins and cobbled streets speak of a life apart from the image, and of our temporary passage. A shaft of light between clouds, a breaking wave, the elegance of a single flower remind us how special these moments are. The emphasis Giles places on the art rather than the science of photography makes his photographs more engaging and memorable. Accompanied by his own observations and insights on his work, Ireland - Timeless Images by Giles Norman is a must for anyone who shares Giles' passion for photography and the Irish landscape.



## Actons Hotel Kinsale Re-Opens

Following a substantial renovation, Actons of Kinsale, members of Select Hotels Ireland, re-opened on Thursday 14<sup>th</sup> March 2013.

During the renovation there were 300 people employed and since the hotel re-opened 40 new full time jobs have been created, looking after 74 ensuite bedrooms, all day dining in Sidney's Bar & Brasserie, and the Kinsale Suite, the main function room, which caters for up to 250 people and is an ideal venue for a wedding.

Actons' re-opening will play a significant role in Kinsale's tourism industry as the hotel will be concentrating on both the domestic and international leisure and business markets. Sarah Dallas, Sales Manager, at Actons of Kinsale said "we are very positive for the coming season with high levels of enquiries and bookings from the leisure, meetings & events and wedding markets".

Actons of Kinsale is the longest established hotel in Kinsale, operating since 1946. The property was the original dwelling of the Acton family who had settled in Kinsale in 1860 and developed a number of businesses in the town.

Breda Keane, General Manager at Actons of Kinsale said "We wanted to preserve the hotel's natural history while introducing a 'New England' vibe to complement the town's quaint air of antiquity. Sidney's Bar and Brasserie has a menu featuring the best of West Cork produce, created by our Head Chef John O'Connell.

For further information on Actons Hotel, visit [www.actonshotelkinsale.com](http://www.actonshotelkinsale.com)

## Acknowledgements & Anniversaries

### Collins

#### First Anniversary

The family of the late John Collins (J.C.) of Scilly, Kinsale, wish to thank all those who helped in anyway and gave support to his family on and after his tragic death. We are eternally grateful. The Holy Sacrifice of the Mass has been offered for your intentions.

### Murphy

#### John Murphy, The Rock, Kinsale, and Rosslare, Wexford. June 24th 2012

John's wife Vivian, son Matthew, daughter Elma and sisters Mary, Dymna and Teresa would like to thank most sincerely all those who sympathized with them on the sad loss of John.

We wish to express sincere thanks and appreciation to those who attended the removal and funeral Mass and to those who sent Mass cards, flowers, letters and messages of sympathy.

A special word of thanks to Fr. Young, Fr. McEvoy, Fr. Murphy, Fr. McAleese (O.Carm), and Canon David Williams. Also to Gabriel and O'Donovan Funeral Directors and to Kinsale GAA who provided a Guard of Honour at the removal.

Finally our heartfelt thanks to the townspeople and businesses of Kinsale for their wonderful support and sympathy.

We hope that this acknowledgement will be accepted by all as a token of our appreciation. The Holy Sacrifice of the Mass has been offered for your intentions.

### Joan Allen, October 22nd 2011

Joan's relatives would like to thank most sincerely those who sympathized with them. Thanks to those who attended the Rosary, removal and funeral ceremonies and to those who sent Mass cards, sympathy cards and lovely floral tributes.

A special thank you to the Matron and staff of Kinsale Community Hospital for their excellent care of Joan, to the staff in the CUH and also to Dr. Helen Barry of Kinsale Medical Centre.

A special thanks to Fr. Young and Canon O'Mahony who officiated at the ceremonies, thanks also to the Parish choir for their beautiful singing. Many thanks to Gabriel & O'Donovan and their staff for their consideration and courtesy, and to Joan's friends and close network of neighbours.

As it would be impossible to thank everyone individually please accept this acknowledgment as a token of our sincere thanks.

The Holy Sacrifice of the Mass has been offered for your intentions.

### Noreen Dunlea (née Kelly)

#### Lisfehill, Ballinassig, and Kinsale • 10th July 2013

Loving husband Pat, daughter Sarah, sisters Myra, Anne and brother David and extended families of the late Noreen Dunlea would like to thank all those who supported them in their recent bereavement.

We would like to thank all those who attended removal, funeral Mass and burial. Sincere thanks to everyone who sent Mass cards and letters of sympathy. Special thanks to the doctors and staff of the Mercy Hospital, Dr. M. Hynes, Fr. A. O'Driscoll, Fr. J.K. O'Mahony, Fr. R. Young and Fr. S. Hession, choir of Kinsale Parish Church, organists Frank Buckley and Vincent McCarthy, Gabriel & O'Donovan Undertakers, kind neighbours, wonderful friends, work colleagues and those who travelled long distances.

We hope this acknowledgment will be accepted as a token of our appreciation. The Holy Sacrifice of the Mass has been offered for all your intentions.

### Murphy, Main Street, Kinsale

Elizabeth, Margaret and families would like to thank everyone who sympathized with us on the passing of Mum (Eileen).

To all her and our good friends and family who called, went to the removal, attended the Mass and sent cards. To the doctors and staff and all at Haven Bay Care Centre who looked after her so well for her last four years. To Fr. O'Mahony, Ewen Tubridy, choir, and Vincent McCarthy for such a beautiful Mass.

Thanks also to Gabriel & O'Donovan for their kindness and professionalism. The Holy Sacrifice of the Mass has been offered in gratitude and appreciation.

### Sixth Anniversary Of my mam,

#### Maureen Fleming

##### World's End, Kinsale

I speak your name  
with love and pride,  
I smile through tears I cannot  
hide,

Thank you Mam for  
the years we shared,  
The love you gave,  
And the way you cared.

My heart is broken and  
will never mend,  
I will always love you,  
my Mam, my friend.

Always remembered by  
your son Fred

### 30th Anniversary

#### Willie O'Connell

##### 11 Presentation Tce., Kinsale

Memories are precious,  
They don't fade away,  
We think of you always,  
Not just today.

It's not what we write  
Or what we say,  
It's what we feel inside,  
As we think of you today.

Though your smile is gone  
forever,  
And your hand we cannot  
touch,

We shall never lose sweet  
memories  
Of you who we loved so much.

Your loving son Liam, daughter  
Marie, and your grandchildren xxx

### Catherine Benn (née Farren)

#### Garryowen Road, Limerick, and Higher O'Connell Street, Kinsale. March 26th 2013

Survived by her sons, Richard, Séan & Thomas and daughters, Ann,  
Geraldine & Sylvia



#### In Loving Memory

#### Jack Tyrer

##### 2nd Anniversary

##### February 7th 2011

When someone you love  
Becomes a memory,  
The memories become  
a treasure.

Treasured by Robert, Mary, Kate,  
Joan, Clare, Dara, Geraldine and  
Emma.



#### Seumas O'Neill

##### March 13th 1925 - April 3rd 2011

##### Second Anniversary

In loving memory of my  
father, Seumas  
Late of Castletown, Kinsale,  
Co. Cork.

We who loved you  
sadly miss you  
As it dawns another year.  
In our lonely hours of thinking  
Thoughts of you are  
always near.

Those we love do not go away -  
they walk beside us everyday  
Lovingly Remembered by  
Finola, neighbours/friends

## Anniversaries



#### Patricia Gregg

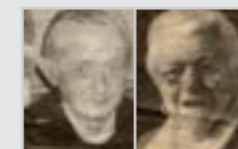
##### March 4th 2011 Second Anniversary

Lovingly remembered by your  
husband Martin, daughters  
Catherine and Jennifer,  
granddaughter Ashling, sister  
Mary, nephews Alan & David.

### Miraculous Prayer

Dear Sacred Heart of Jesus, in the  
past I have asked for many favours.  
This time I ask you this very special  
one (mention favour). Take it, dear  
Heart of Jesus and place it within  
your own broken heart, where our  
Father sees it. Then in his merciful  
eyes it will become your favour, not  
mine. Amen.

Say this prayer for 3 days, promise  
publication and the favour will be  
grated, no matter how impossible.  
Never know n to fail. K.B.



#### Ninth Anniversary of my wonderful Mam and Dad

#### James & Sheila Healy

##### World's End, Kinsale

These past years without you,  
Mam and Dad,  
Are the saddest  
I have known,  
I treasure every  
thought of you,

As I walk through life alone,  
Although I cannot see you,  
You are with me night  
and day,

For the love in life you gave me,  
Death can never take away.

They say in time  
the pain will ease,  
To some this may be true,  
But they couldn't have had the  
Mam and Dad,

Like the ones I had in you.  
Forever loved and remembered  
by your loving daughter  
Martina, Dan, Leonard, Craig  
and Danielle

Our sympathy to all those who have suffered bereavements recently,  
including the families of the following people:

- 10 Aug 2012: Rosie O'Connell, Presentation Tce, Kinsale.  
26 Aug: Ursula Allen, Riverstick.  
4 Oct: Mary O'Hare, Butcher's Row, Kinsale.  
5 Oct: Eamon Mulcahy, Ardbrack, Kinsale.  
9 Oct: Michael McCarthy, Bawnavouta, Kinsale.  
27 Oct: Christopher Tyson, Lr. O'Connell St., Kinsale.  
2 Nov: Johnny Cargin, The Ramparts, Kinsale.  
17 Nov: Sheila O'Sullivan, Butcher's Row, Kinsale.  
25 Nov: Breda Curtin, Ballywilliam Upper, Kinsale.  
27 Nov: Timothy O'Donovan, Friary Lane, Kinsale.  
27 Nov: Sheila Heraghty, Higher O'Connell St., Kinsale.  
28 Nov: Pearl Gray, Clasheen, Kinsale.  
7 Dec: Shay O'Riordan, Cappagh, Kinsale.  
John Joe Hurley, The Glen, Kinsale.
- 6 Jan 2013: Canice O'Connell, Presentation Tce., Kinsale.  
14 Jan: Don Terry, Abbey View, Kinsale.  
2 Jan: Linda Weaver, Oysterhaven, Kinsale.  
20 Jan: Oliver Lynch, Hogan's Row, Kinsale.  
3 Feb: Timothy Crowley, Ballinamona, Kinsale.  
4 Feb: Joan Tisdall, Carmelite Tce., Kinsale.  
12 Feb: Margaret (Peggy) O'Keefe, Ballinacurra, Kinsale.  
20 Feb: Denis O'Donovan, Belgooly.  
22 Feb: Ann Soderland, World's End, Kinsale.  
23 Feb: John Condon, Knocknacurra, Kinsale.  
24 Feb: John Cody, Sean Hales Tce., Kinsale.  
8 Mar: Thomas Dunn, Sean Hales Tce., Kinsale.  
15 Mar: Jack Hedderman, Ardbrack, Kinsale.  
15 Mar: Noel O'Connell, Garretstown.  
27 April: Herbert Hogbin, Compass Hill, Kinsale.  
27 April: Liam Gray, Coolvalane, Kinsale.  
10 May: Marie Lombard, Higher O'Connell St., Kinsale.  
29 May: David Hegarty, The Pier, Kinsale.  
23 June: Paul Corcoran, The Glen, Kinsale.  
25 June: John O'Driscoll, St Eltin's Tce., Kinsale.  
26 June: Imelda Hegarty, Abbey Fort, Kinsale.  
27 June: Finbarr Townsend, Compass Hill, Kinsale.  
4 July: John O'Hea, Ballinspittle.  
10 July: Noreen Dunlea, Ballinassig, Kinsale.  
22 July: Cal Ellis, Abbey View, Kinsale.

## Marriages & Births

Congratulations to the following couples who were married in St. John the Baptist Church, Kinsale.:

- 28 July 2012: Cormac Hayes, Co. Limerick & Joanne Lane, Harbour Heights, Kinsale.  
9 Aug: David Santry & Jean Hegarty, Eltin's Wood, Kinsale.  
10 Aug: Ronan McGee & Gillian Corkery, UK  
11 Aug: Gearoid O'Rourke & Jodie Foster, UK  
17 Aug: Don Desmond & Anna McCarthy, Belgooly.  
18 Aug: Mark Dewey & Geraldine Barry, Ard Na Mara, Kinsale.  
7 Sept: Christopher Jones & Sarah Malone, UK  
28 Sept: George Taylor, Co. Waterford & Niamh Cummins, Clasheen, Kinsale.  
29 Sept: Colm O'Connell, Dungarvan & Carmel O'Donovan, Douglas.  
5 Oct: Kevin White, Rosscarbery & Roisin Cahill, Clonakilty.  
6 Oct: Christopher Buckley, Blarney & Julia Anne Roche, Ballinamona, Kinsale.  
28 Dec: Mark Flynn & Gillian Horan, Limerick.  
31 Dec: Brian Cosgrove & Jo-Anne Browne, Watergrasshill.  
23 Mar 2013: Martin O'Brien, Tissanon & Orla van Doorn, Ballinacubby.  
5 April: Ian O'Sullivan, The Lough, Cork & Karen Dunne, Dunderrow.  
19 April: David Murphy, Knockabinny, Kinsale & Grace Connolly, The Rock.  
20 April: David Thuillier, Ballincollig & Cliona Cummins, Lr. Cove, Kinsale.

- 26 April: Steven Paget & Alana Conroy, UK  
24 May: Rory O'Farrell & Laura McCabe, Dubai.  
1 June: James O'Sullivan & Sarah Hanover, Cork.  
22 June: David Butler, Ballinacubby & Leanne Pearson, Coolvalane Beg.  
5 July: Alan Molan & Jennifer O'Gorman, Carrigaline.  
18 July: Marc Curd & Deborah Hegarty, New Zealand.

### BIRTHS

- » Congratulations to Sean King and Anne Marie Cahill, Abbyfort, Kinsale, on the birth of their daughter, Rebecca Elizabeth, on July 18th 2012.  
» Congratulations to Gillian and Denis Gimlette on the birth of their daughter, Maeve, on September 22nd 2012.  
» Congratulations to Denis & Niamh O'Connell, Fort View, Kinsale, on the birth of William Denis, on August 20th 2012, a little brother for Tom & Joe.  
» Congratulations to Fiona (née Keogh) and Brian Somers, Portlaoise, on the birth of their daughter Ella Lucy, on April 29th 2013, a little sister for Séan, Sarah and Mark.  
» Congratulations to Gráinne (née Hurley) and John Kingston, Kinsale, on the birth of their son Ruairí James, on March 14th 2013, a little brother for Conall.



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O'RIELLY MADEIRA QUEEN CAKES 12PACK	€3.00
KILMEADEN WHITE CHEDDAR CHEESE BLOCK 400G	€6.09
MOVE OVER BUTTER 500G	€1.95
DENNY GOLD MEDAL SAUSAGES 454G	€2.99
SACLA PESTO SAUCE SUNDRENCHED TOMATO 190G	€3.18
SOL SALAMI MILANO SLICES 80G	€2.49
DON CARLOS OLIVE OIL 250ML	€3.95
CHEF SLICED BEETROOT 350G	€1.85
RAYTEX FOIL 10MTR	€3.11
SAXA SALT 750G	€1.57
JOHN WEST TUNA CHUNKS IN SUNFLOWER OIL 185G	€2.42
CHEF TOMATO KETCHUP 505G	€2.78
BIRDS READY TO SERVE CUSTARD 500G	€2.09
KELLOGGS CORNFLAKES 500G	€2.70
KELLOGGS RICE KRISPIES 700G	€5.14
BOYNE VALLEY HONEY CLEAR 340G	€3.29
OCEAN SPRAY CLASSIC CRANBERRY 1LTR	€2.11
NESCAFE ORIGINAL COFFEE 100G	€3.48
BARRYS GOLD BLEND TEA BAGS 80S	€3.49
MCVITTIES JAFFA CAKES TWIN PACK 292G	€4.05
JACOBS NICE 200G	€1.97
CLUB ORANGE 2LTR	€2.39
DEEP RIVER ROCK STILL WATER 2LTR	€1.30
MANHATTAN SALTED PEANUTS 200G	€2.63
FRUCTIS SHAMPOO NORMAL 250ML	€3.59
FRUCTIS CONDITIONER NORMAL 250ML	€3.59
BRANDY COMPLETE 2.5KG	€5.89
COMFORT SUNSHINE 1.5LTR	€4.59
BOLD LAVENDER & CAMOMILE POWDER 10WASH 800G	€4.04
FAIRY LEMON WASHING UP LIQUID 433ML	€1.55
PERSIL NON BIO POWDER 25 WASH 2.125KG	€10.45
INVERSOFT ECO KIND BATHROOM TISSUE WHITE 9 ROLL	€6.29
FINISH DISHWASHER TABLETS ALL IN 1 580G	€10.79
DOMESTOS BLUE BLEACH 750ML	€1.59
GREEN GIANT CORN NIBLETS 340G	€1.35
BIRDS EYE BEEF BURGERS 8S 454G	€4.29
GREENISLE COUNTRY MIX VEGETABLES 450G	€1.59
DONEGAL CATCH BREADED COD 450G	€4.59
GREEN ISLE WICKED WEDGES 750G	€3.29
BEN & JERRYS PHISH FOOD 500ML	€6.25
<b>TOTAL</b>	<b>€150.08</b>

**SUPERVALU RANGE**  
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SUPERVALU SWISS ROLL RASPBERRY RIPPLE 260G	€2.00
SUPERVALU WHITE OVAL PITTA BREAD 6PCE	€0.58
SUPERVALU BURGER BUNS 6PCE	€1.29
SUPERVALU MADEIRA QUEEN CAKES 12PACK	€1.69
SUPERVALU WHITE MEDIUM CHEESE BLOCK 400G	€3.00
OH SO BUTTERY SPREAD 500G	€1.09
SUPERVALU SAUSAGES 454G	€1.59
SUPERVALU COOKS INGREDIENT RED PESTO 190G	€1.69
SUPERVALU SALAMI MILANO 100G	€1.49
SUPERVALU OLIVE OIL 250ML	€1.93
SUPERVALU SLICED BEETROOT 350G	€0.99
SUPERVALU KITCHEN FOIL 10MTR	€1.89
SUPERVALU TABLE SALT 750G	€0.50
SUPERVALU TUNA IN SUNFLOWER OIL 185G	€1.35
SUPERVALU TOMATO KETCHUP 495G	€1.22
SUPERVALU CUSTARD 500G	€0.65
SUPERVALU CORNFLAKES 500G	€0.99
SUPERVALU RICE KRUNCHIES 600G	€1.90
SUPERVALU HONEY 340G	€1.49
SUPERVALU CRANBERRY JUICE 1LTR	€1.26
SUPERVALU GOLD INSTANT COFFEE 100G	€1.75
SUPERVALU GOLD TEABAGS 80S	€1.95
SUPERVALU JAFFA CAKES 24S 300G	€1.29
SUPERVALU NICE 400G	€1.30
SUPERVALU ORANGE 2LTR	€0.79
SUPERVALU STILL WATER 2LTR	€0.69
SUPERVALU SALTED PEANUTS 200G	€1.39
SUPERVALU FOREST BERRIES SHAMPOO 400ML	€0.79
SUPERVALU FOREST BERRIES CONDITIONER 400ML	€0.79
SUPERVALU COMPLETE ROAST BEEF & VEGETABLE 2.5KG	€2.37
SUPERVALU FABRIC CONDITIONER SPRING FRESH 1.5LTR	€2.43
SUPERVALU LAVENDER BIO POWDER 10WASH 800G	€2.59
SUPERVALU LEMON WASHING UP LIQUID 500ML	€0.79
SUPERVALU NON BIO POWDER 30 WASH 2.4KG	€2.79
SUPERVALU TOILET TISSUE FAMILY 9ROLL	€2.69
SUPERVALU DISHWASHER TABLETS 5 IN 1 600G	€4.00
SUPERVALU ORIGINAL THICK BLEACH 750ML	€1.00
SUPERVALU SWEETCORN 326G	€0.79
SUPERVALU BEEF BURGERS 8S 454G	€2.29
SUPERVALU COUNTRY MIX VEGETABLES 500G	€1.00
SUPERVALU BREADED COD FILLETS 450G	€2.99
SUPERVALU SPICY WEDGES 750G	€1.19
SUPERVALU ROCKY ROAD ICE CREAM 500ML	€3.00
<b>TOTAL</b>	<b>€69.25</b>

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